THE 12TH AHKDN AGM

ANNUAL GENERAL MEETING

& COUNCIL ELECTION

香港糖尿科護士協會
Association of Hong Kong Diabetes Nurses

Date 3 Jul 2020

THE 12TH AHKDN
ANNUAL GENERAL MEETING

OUR MISSION

The Association of Hong Kong Diabetes Nurses (AHKDN) is dedicated to driving professional development and practice of its members, advancement of the diabetes management standard and thus improvement of living for people affected by diabetes in Hong Kong.

WE BELIEVE

- Diabetes self-management education (DSME) is an integral part to the success of diabetes management leading to control of the disease and improvement in the quality of life for all people affected by diabetes.
- The diabetes nursing discipline should play an important role in providing and improving quality diabetes care and education being provided to the community.
- The Association, as a local academic and professional body, has an obligation to advance and maintain the standard of local diabetes nursing practice by supporting professional training and education to local nurses.

OUR GOALS

- We promote interests, fraternity and professional growth of diabetes nurses and its members.
- We promote communication among diabetes nurses and other organizations caring of diabetes.
- We maintain and enhance professional practice standard of diabetes care and education in Hong Kong.
- We organize conferences, seminars or workshops both locally and globally relating to diabetes and other chronic diseases.
- We organize and conduct surveys and studies on diabetes care and education in Hong Kong.
- We sponsor members to attend and participate in conferences, seminars, workshops relating to diabetes care.
- We promote the community awareness and about diabetes and healthy lifestyle.
- We advocate the better care quality of care and rights for people affected by diabetes.

THE 2018-2020 COUNCIL



PRESIDENT	Ms. Wong Ka Chee Karen	王家緻
VICE-PRESIDENT	Ms. Chan Oi Ying Sarita	陳愛英
SECRETARY	Ms. Loo Kit Man	魯潔敏
SECRETARY	Ms. Lam Yuen Hung	林婉虹
TREASURER	Ms. Ho Sau Yee	何秀儀
HEAD OF PUBLICATION	Ms. Yee Shun Wah Amy	余舜華
HEAD OF COMMUNICATION	Mr. Leung Sum Ming	梁心銘
HEAD OF EDUCATION	Ms. Wong Suk Chi	黃淑芝
COUNCILORS	Ms. Hung Siu Chan Veronica	孔笑珍
	Dr. Kwan Yee Mei Jo Jo	關綺媚
	Ms. Law Chin San	羅展珊
	Ms. Leung Yat Sze Annie	梁逸思
	Ms. Mok Pik Hung Maisy	莫碧虹
	Ms. Suen Wai Yi	孫慧兒
	Ms. Yeung Chau Wan	楊秋雲

HONORARY ADVISORS

Prof. Clive Cockram
Dr. Tiu Sau Cheung
Prof. Lam Siu Ling Karen
Ms. Marg McGill
Prof. Shiu Tak Ying Ann
Prof. Wong Kam Yuet Frances
Dr. Yeung Tok Fai Vincent

HONORARY AUDITOR

Mr. Fung CK Nicholas

HONORARY LEGAL ADVISOR

Mr. Anthony James Hung

PROGRAMME COMMITTEE

Chair

Ms. Chan Oi Ying Sarita

Members

Ms. Wong Ka Chee Karen
Ms. Loo Kit Man
Ms. Hung Siu Chan Veronica

ORGANIZING COMMITTEE

Chair

Ms. Lam Yuen Hung

Members

Ms. Ho Sau Yee
Ms. Yee Shun Wah Amy
Ms. Wong Suk Chi
Mr. Leung Sum Ming
Dr. Kwan Yee Mei Jo Jo
Ms. Leung Yat Sze Annie
Ms. Law Chin San
Ms. Mok Pik Hung Maisy
Ms. Suen Wai Yee
Ms. Yeung Chau Wan

2020-22 COUNCIL ELECTION

Ms. Kit Man Loo & Ms. Veronica Hung

THE 12TH AHKDN ANNUAL GENERAL MEETING

MESSAGE FROM THE PRESIDENT

I am glad to welcome you all to the 12th Annual General Meeting and Council Election of Association of Hong Kong Diabetes Nurses (AHKDN).

The past year has been a special year, with social situations and COVID-19, we have had extraordinary experiences together as a community. AHKDN strived to support different activities including local and overseas professional talks and conferences. We also continued to promote health awareness within the community. Moreover, we organized an academic exchange with Zhong Shan Chinese Hospital. Our members also organized "Diabetes Education Workshop" at Guangzhou for professional training, where we gained and shared fruitful experiences.

While some meetings and activities were suspended unexpectedly, AHKDN has been making use of these periods to prepare and update professional guidelines such as Continuous Glucose Monitoring (CGM) guidebook and injection guidelines. Besides, we have been focusing on the production of professional and educational materials - including newsletter, post-prandial glucose education booklet, eye complications and injection videos and more. In addition, in view of COVID-19, we supported Diabetes Hongkong (DHK) for the production of an educational video which guided patients on glucose monitoring and injection during the pandemic period; as well as a webinar sharing of practical tips on how to educate and care for patients with diabetes while staying at home and during social distancing.

In the near future, we would like to employ other means to enhance professional training, such as web-based seminars during the pandemic period. Apart from enhancing local collaboration of professional training and activities, we would also like to extend our knowledge exchange and training to a cross-country collaboration through web-based sharing.

Lastly, I would like to take this opportunity to give my heartfelt thanks to our members of Organizing and Programme Committees for preparing this AGM programme, also to express my gratitude to our honorary advisors and council members for their invaluable dedication to enhance better diabetes care in Hong Kong.

Thank you very much again for all your support and participation.
Wish you all the best, stay healthy and happy always.



Karen Wong

President 2018-2020
Association of Hong Kong Diabetes Nurses

3 JULY 2020 6PM VIA ZOOM MEETING

PROGRAMME RUNDOWN

6pm – 6:30 pm	**Welcome and AGM Report**	Ms. Karen Wong (President)
6:30 – 6:40 pm	**Financial Report**	Ms. Ho Sau Yee (Treasurer)
6:40 – 7:00 pm	**Council Election**	Ms. Veronica Hung

THE 12TH AHKDN ANNUAL GENERAL MEETING

2019 -2020 AHKDN ACTIVITIES

COUNCIL MEETING

2019 AUG 2	48th AHKDN Council Meeting	2019 NOV 6	49th AHKDN Council Meeting
2020 APR 9	50th AHKDN Council Meeting	2020 JUN 12	51st AHKDN Council Meeting

REPORT OF AHKDN SUB-COMMITTEE

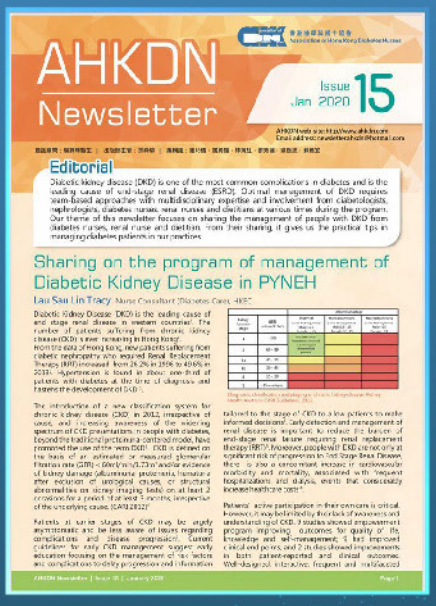
1 AHKDN Newsletter Committee

Chair: Ms. Yee Shun Wah Amy

Members: Ms. Chung Hau Yee Harriet, Dr. Kwan Yee Mei Jo Jo, Ms. Lam Yuen Hung, Ms. Lau Sau Lin Tracy, Ms. Leung Yat Sze Annie, Ms. So Tak Yee Tammy

The 15th issue of AHKDN Newsletter was published in Jan 2020. The main themes focused on sharing the management of people with Diabetic Kidney Disease (DKD) by the multidisciplinary approach and included:

- Sharing on the Program of Management of Diabetic Kidney Disease
- Experience of Running a Team-based and Empowered Care Programme for Diabetes
- Patients with Diabetic Kidney Disease
- Sharing on the Program of Management of DM Nephropathy
- Management of DKD under Renal Team Perspective
- Dietary Advice for Patients with Diabetic Kidney Disease
- Diabetic Kidney Disease: an unheard alarming clock


AHKDN Newsletter

Issue 15 Jan 2020

Editorial

Sharing on the program of management of Diabetic Kidney Disease in PYNEH

Lau Sau Lin Tracy, Nurse Consultant (Diabetes Care), HKEC

2 Clinical Work Group on Diabetes Nursing Accreditation

Representatives to Hong Kong College of Medical Nursing:
Ms. Chan Woon May Samsonly, Ms. Leung Yat Sze Annie

Members: Ms. Chan Mei Tai May, Ms. Cheng Mei Wan Winne, Ms. Kan Ching Yee Eva, Dr. Kwan Yee Mei Jo Jo, Ms. Leung Siu Kuen, Ms. Ng Chi Wah Fanny, Ms. Ng Mei Po Mabel, Ms. Tong Mei Ling Maggie

Advisor: Prof. Shiu Tak Ying Ann

The workgroup continues to support the formulation of standards of curriculum, examination handbook, mentorship and fellow examination for Hong Kong College of Medical Nursing (HKCMN).

3 Evidence-based Practice (EBP) committee

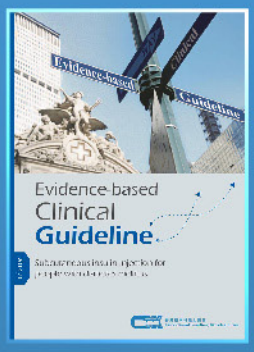
Chairs: Ms. Chan Mei Tai May, Ms. Kan Ching Yee Eva

Secretaries: Ms. Au Ka Yin Shimen, Ms. Leung Yat Sze Annie

Members: Ms. Chan Woon May Samsonly, Ms. Chan Oi Ying Sarita, Dr. Kwan Yee Mei JoJo, Ms. Loo Kit Man, Ms. Mok Pik Hung Maisy, Ms. Ng Chi Wah Fanny, Ms. Wong Ka Chee Karen, Ms. Yee Shun Wah Amy

Five group members have been working on the following evidence-based projects:

- Physical Activity / Exercise & Diabetes: A Guide for DM nurses
- Identifying Patients With Type 2 Diabetes at high risk of Hypoglycaemia: A Practical Guide
- Preconception Care for Women with Diabetes
- Psychological Insulin Resistance: An Integrative Review
- Continuous Glucose Monitoring System: Practical Guide for Diabetes Nurses





Evidence-based Clinical Guideline-Subcutaneous Insulin Injection for People with Diabetes Mellitus would be updated.

Continuous Glucose Monitoring System: Practice Guide for Diabetes Nurses was published in Feb 2020 and has been uploaded at the AHKDN website.

4 Diabetes Conversation Committee (DCC) Hong Kong Diabetes Conversation Map (DCM)

Chair, expert trainer: Ms. Kan Ching Yee Eva

Secretary, expert trainer: Ms. Lau Siu Wai Maggie

Committee member, expert trainer:
Ms. Chung Hau Yee Harriet, Mr. Leung Sum Ming, Prof. Shiu Tak Ying Ann

Committee member, co-opted AHKDN diabetes educator:
Dr. Kwan Yee Mei JoJo, Ms. Leung Yat Sze Annie, Ms. Wong Mei San Pollyanna
Ms. Yeung Hoi Ming Theresa

DCC continues to support DCM activities.

THE 12TH AHKDN ANNUAL GENERAL MEETING

EDUCATION SEMINARS AND TRAINING

2019
JUN
22

THE 11TH AHKDN ANNUAL SYMPOSIUM AND ANNUAL MEETING

The theme was "Eye on Eyes 守望雙目"



Keynote Speech 1

Speaker: Dr. Chan Wai Man

Topic:
Diabetic Retinopathy and Diabetic Macula Edema



Keynote Speech 2

Speaker: Dr. Cheng Chi On Andy

Topic:
Diabetic Related Cataract, Glaucoma and other Ocular Complications

Outstanding Achievement Award



Green: Ms. Cheung Shuk Man, PYNEH

Title:
Application of mHealth Application in the Care of Patients with Diabetes



APN: Ms. Yeung Hoi Ming Theresa, PWH

Title:
Exploring the Confidence for, and the Readiness of, Self-management by Adolescents with Diabetes during the Transitional Period

2019
AUG
28

AN UPDATE ON ANTI-DIABETIC MEDICATION

Ms. Kit Man Loo delivered a lecture "An Update on Anti-diabetic Medication" to Hong Kong College of Medical Nursing for Advanced Medical Nursing Training on 28th Aug 2019.



2019
NOV
16-17

ZHONG SHAN CHINESE HOSPITAL VISIT

Nine members joined the Zhong Shan Chinese Hospital visit for academic exchange and social gathering on 16th to 17th Nov 2019.



2019
NOV
23-24

GUANGZHOU EDUCATIONAL WORKSHOP

Guangzhou Diabetes Nurse Association invited 5 members of AHKDN through Hong Kong College of Medical Nursing (HKCMN) to deliver "Diabetes Educational Workshop" on 23rd to 24th Nov 2019.



2020
JAN
10

MACAU EDUCATION SEMINAR

Ms. Hau Yee Chung delivered a lecture "Conprehensive Nursing Management for Diabetes" to Macau Health Care professionals on 10 Jan 2020.



2020
MAY
28

DIABETES HONGKONG WEBINAR LECTURE

Ms. Sarita Chan was invited to deliver a talk "Managing Diabetes in the COVID-19 Pandemic : Diabetes educators' perspective" on 28 May 2020



THE 12TH AHKDN ANNUAL GENERAL MEETING

PROMOTING HEALTH AWARENESS IN COMMUNITY

2019 SEPT 24

WEB NEWS SHARING FOR DIABETES EDUCATION

Ms. Karen Wong, Ms. Veronica Hung and Ms. Kit Man Loo were invited to share their experiences and feelings for caring patients with diabetes and the production of video brochures by Topick. The report 專業「護」航 與「糖」同行共存 was released on 24th Sep 2019 at the Topick Web.



2019 SEPT 28

EAST MEETS WEST (EMW) DIABETES LAY PROGRAM

AHKDN being the co-organizer to organize EMW Diabetes Lay Program 2019 at Hong Kong Science Park on 28th Sep 2019.



The theme was「血糖控得早，眼腳血管好」.



AHKDN run a booth to promote healthy eating 「飲食十訣」to the public.

2019
OCT
26

ENDOCRINOLOGY, DIABETES AND METABOLISM HONG KONG (EDM HK) PUBLIC PROGRAM 2019

AHKDN being the supporting organization to support EDM HK public program at Hong Kong Convention and Exhibition Centre on 26th Oct 2019. The theme of the public talk was "Osteoporosis, Metabolic Syndrome and Blood Glucose Monitoring".

Ms. Carmen Leung, Ms Connie Loong and Ms. Karen Wong, were invited as speakers. Ms. Winnie Cheng, Ms. Veronica Hung and Ms. Maisy Mok were invited as chairpersons.



2019
NOV
10

DIABETES HONG KONG (DHK) WALKATHON 2019

AHKDN was a supporting organization to support the annual meaningful event at Wu Kai Sha Youth Village on 10th Nov 2019. Ms. Yeung Chau Wan helped leading exercise dance.



2020
JAN
18

DIABETES HONGKONG (DHK) HEALTH TALK

Ms. Maisy Mok was invited to deliver a public health talk 「血糖控制更理想?」on 18th Jan 2020.



2020
FEB
28

COVID-19 EDUCATION VIDEO

In view of COVID-19, our founding president, Ms. Winnie Cheng supported the production of education video of Diabetes Hongkong (DHK) on glucose monitoring and injection during the pandemic period. Video was being shared at DHK web and U-tube on 28th Feb 2020.



THE 12TH AHKDN ANNUAL GENERAL MEETING

DIABETES CHILDREN ACTIVITIES

YDA EDUCATION VIDEO

Dr. Joanna Tung and Ms. Maisy Mok were invited to participate in a 2-minute educational video production. The video has been uploaded to Youth Diabetes Action (YDA) website & YouTube.

https://www.healthyd.com/mysweetjourney/



2019
NOV
9

YDA DIABETES CONFERENCE

AHKDN supported YDA Diabetes Conference which was held on 9th Nov 2019. Ms. Theresa Yeung had sharing at the forum on "Transformation to womanhood" about Diabetes and Pregnancy.



2019
DEC
28-29

2-DAY-1-NIGHT CAMP

AHKDN co-organized with Youth Diabetes Action for two-day-one-night camp on 28th to 29th Dec 2019 at the Bradbury Camp.



PRODUCTION OF EDUCATION TOOLS

VIDEO BROCHURES

Two video brochures were released.

1 糖尿病與併發症：了解糖尿病

2 糖尿病與併發症：糖尿腎篇

3 糖尿病與併發症：糖尿眼



Released in Sept 2019



Coming soon. Please take a look and share.

DM POST-PRANDIAL GLUCOSE CONTROL BOOKLET



It has been uploaded at the AHKDN website.

EDUCATION VIDEO-INJECTION TECHNIQUE



It would be released soon.

DIABETES RELATED EYE DISEASE EDUCATION BOOKLET



It would be published soon.

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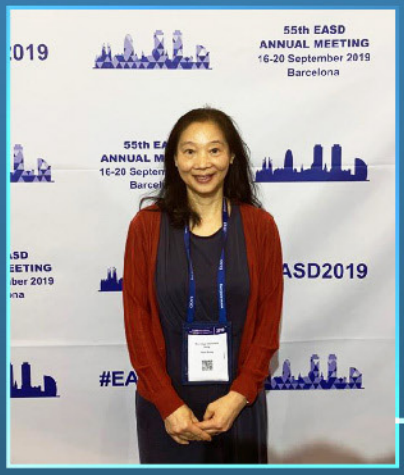
NOMINATION & SPONSORSHIP



1

4 members were nominated to attend the American Association of Diabetes Educators 2019 on 9th to 12th Aug 2019 at Houston, USA.





2

1 member was nominated to attend the 55th Annual Meeting of European Association for the Study of Diabetes (EASD) in Barcelona, Spain on 16th to 20th Sep 2019.

3 10 members were nominated to attend the East Meets West (EMW) Symposium at the Hong Kong Science Park on 28th Sep 2019.

4 27 members were nominated to attend the Endocrinology Diabetes Metabolism Hong Kong (EDM HK) 2019 at Hong Kong Convention and Exhibition Centre on 26th -27th Oct 2019.



5 14 members were nominated to attend the International Diabetes Federation Congress (IDF) 2019 at Busan, Korea on 2nd to 6th Dec 2019.



6 9 members of AHKDN met 4 representatives including CEO, President, professional manager and nurse educator of Australia Diabetes Educator Association in IDF 2019 at Busan, Korea.

THE 12TH AHKDN ANNUAL GENERAL MEETING

UPCOMING EVENTS

2020
JUL
25

1ST JOINT WEBINAR WITH ASSOCIATION OF DIABETES EDUCATORS (SINGAPORE)

We hope this initiative will strengthen the liaison and experience sharing among DM nurses/ educators and eventually extend to other countries as well.

Topic: Managing Diabetes in the COVID-19 Pandemic: Diabetes Educator's Perspective

Speaker: Ms. Sarita Chan

2020
AUG
2

DIABETES PREVENTING THE PREVENTABLES (DDP) FORUM



Diabetes Preventing the Preventables (DDP) Forum would be organized at Kowloonbay International Trade & Exhibition Centre on 2nd Aug 2020.

2020

OCT

3-4

22ND EAST MEETS WEST SYMPOSIUM

22nd Diabetes and Cardiovascular Risk Factors -
EAST meets WEST Symposium
Oct 3 – 4, 2020 · Hong Kong Science Park

22nd East Meets West Symposium would be organized at the Hong Kong Science Park on 3rd to 4th Oct 2020.

2020

OCT

17-18

3RD ANNUAL MEETING OF EDMHK



3rd Annual Meeting of EDMHK would be organized at the Hong Kong Convention and Exhibition Centre on 17th to 18th Oct 2020.

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