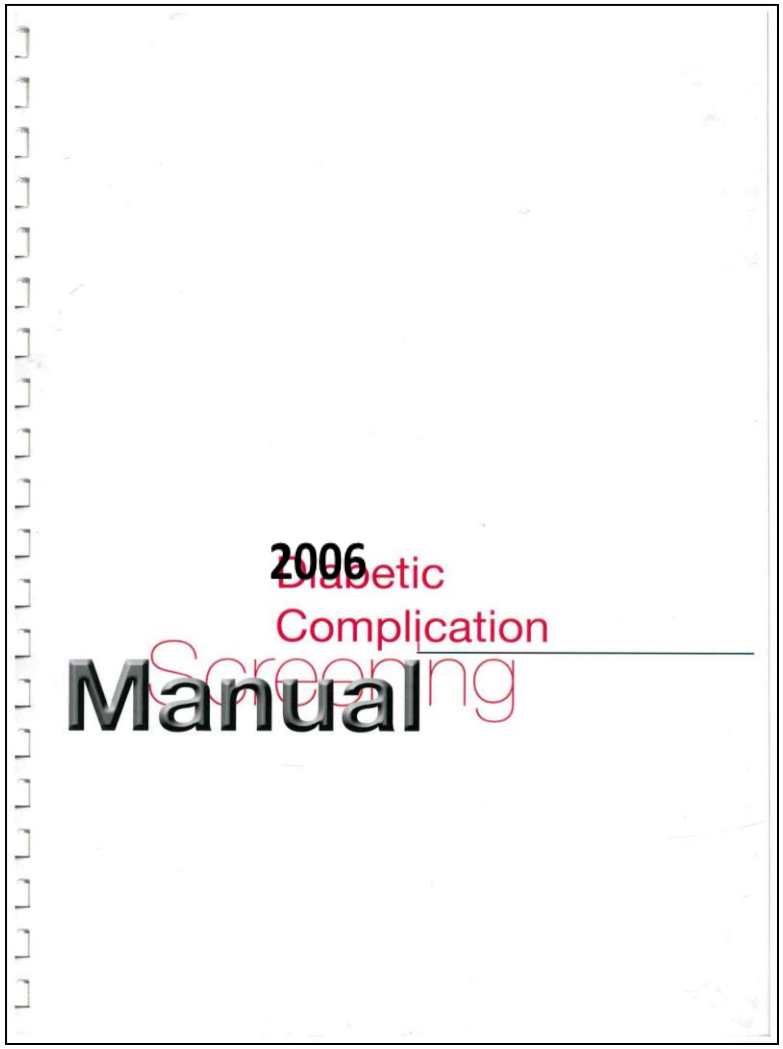


Winnie Cheng

Founding President, AHKDN (2008-10)


ANNIVERSARY
10 Years
ANNIVERSARY


A Sincere
Thanks



2006

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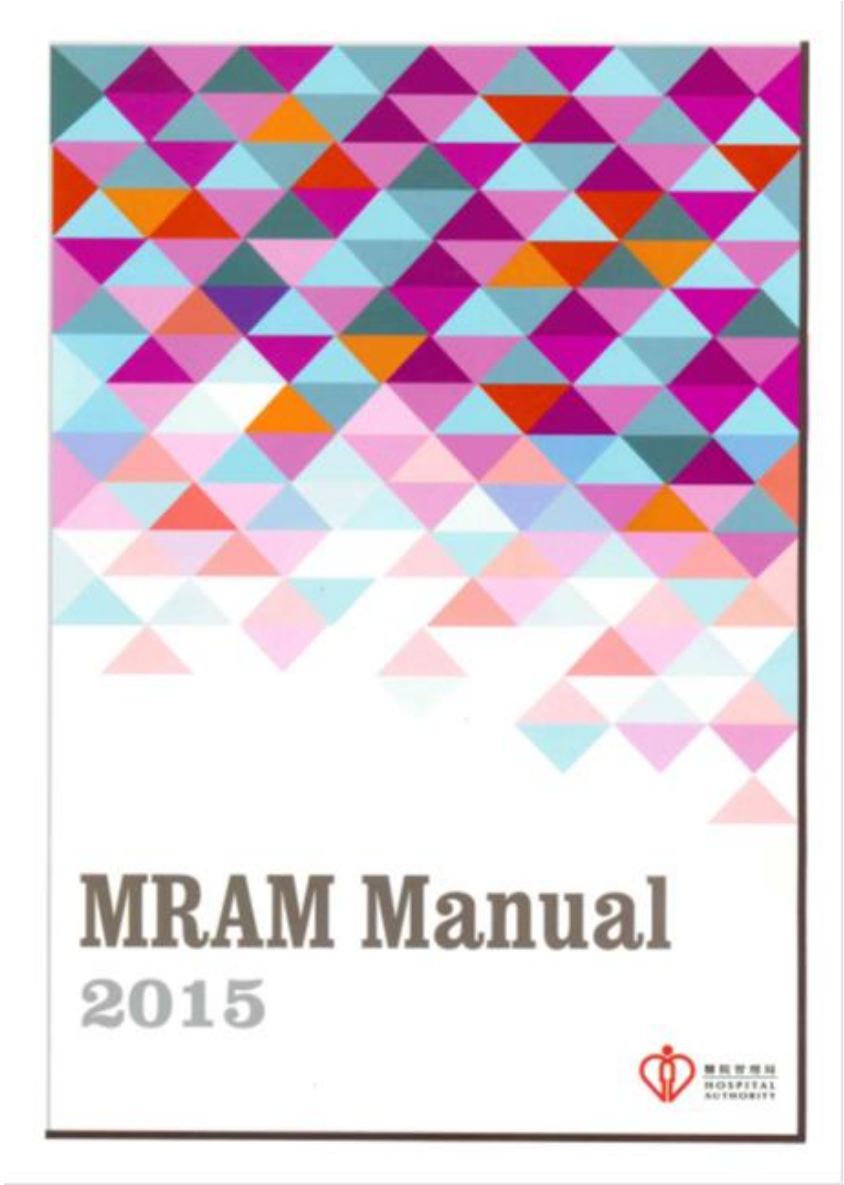
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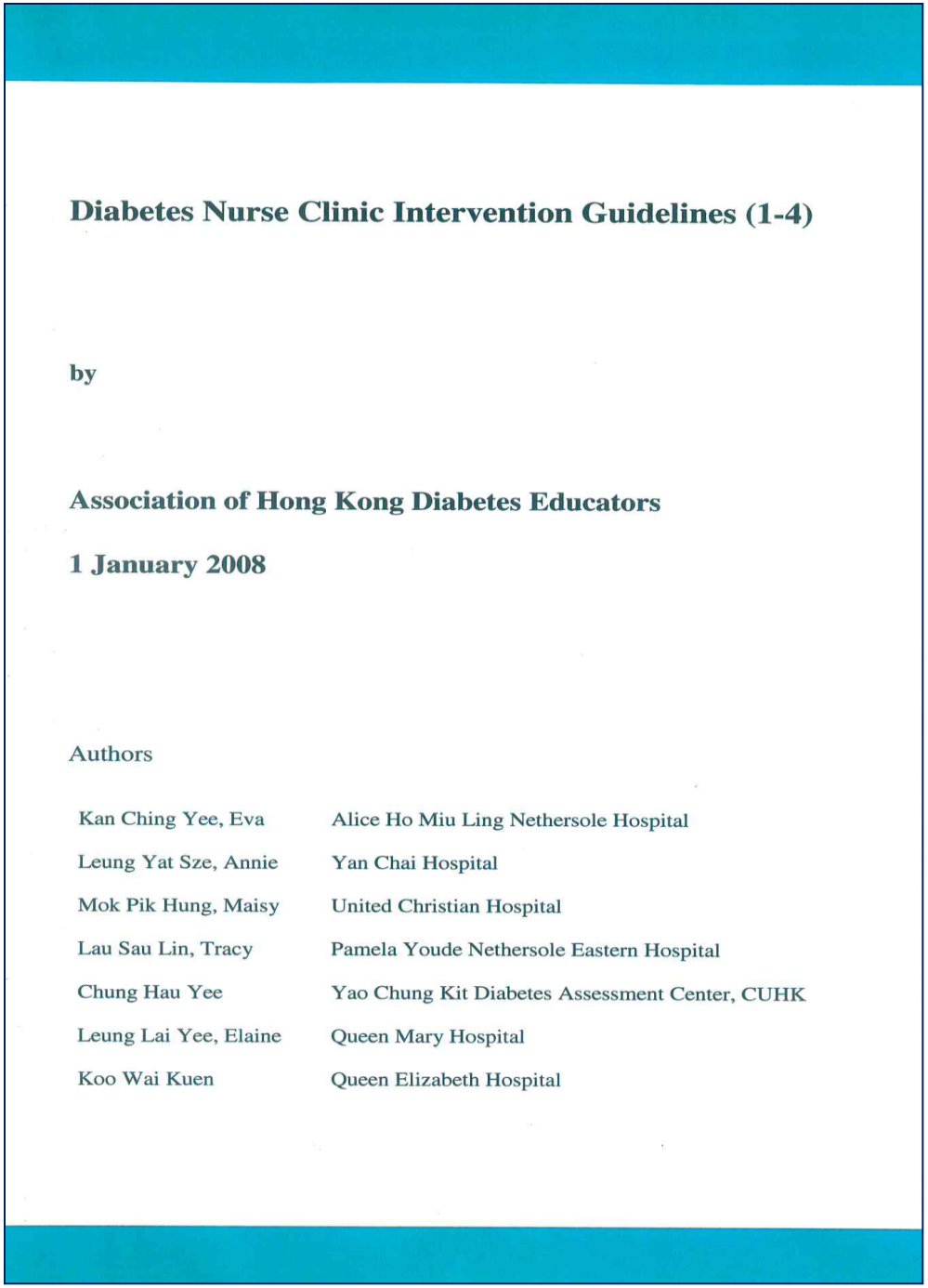
2015

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Diabetes Nurse Clinic Intervention Guidelines (1-4)

by

Association of Hong Kong Diabetes Educators

1 January 2008

Authors

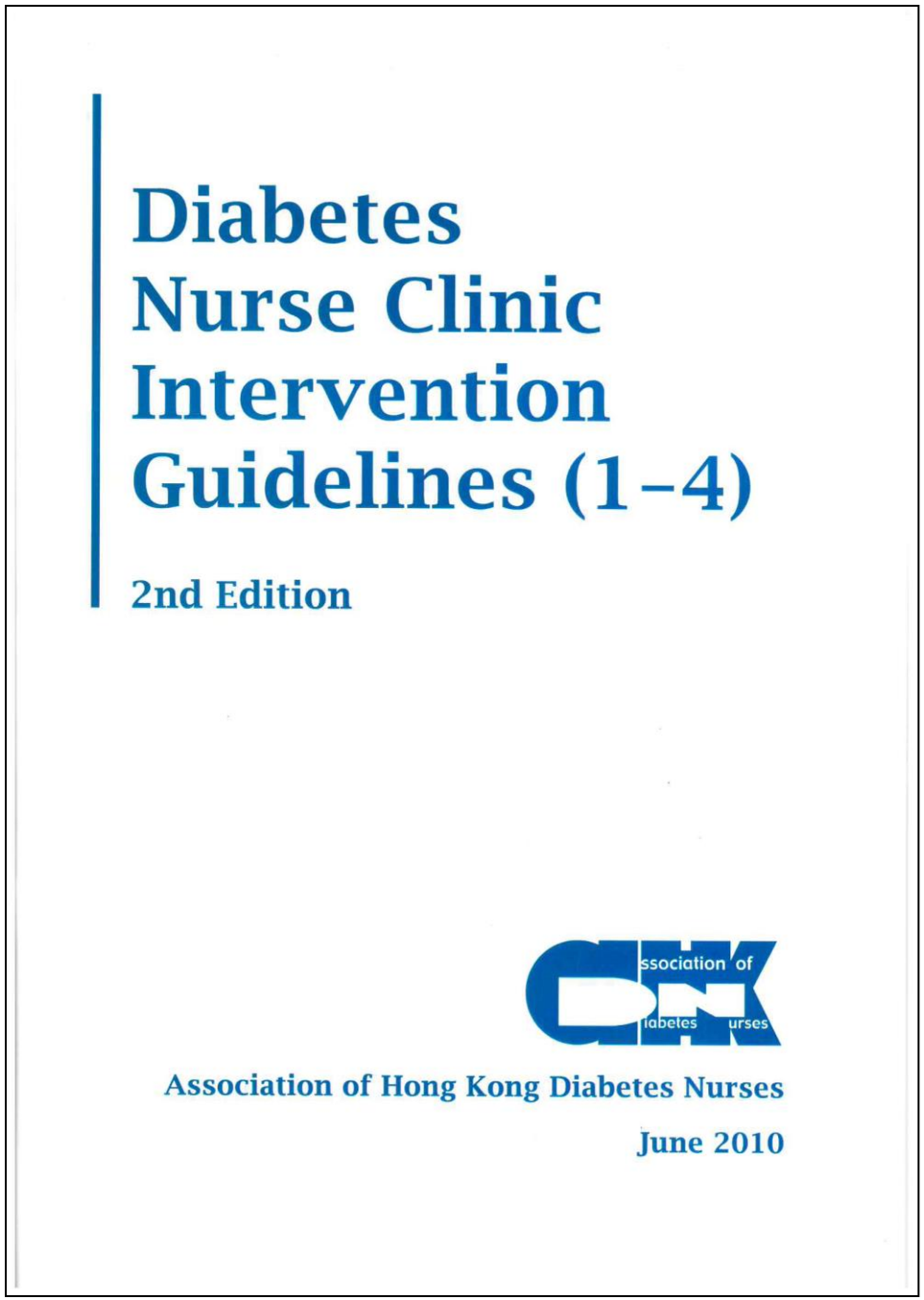
Kan Ching Yee, Eva	Alice Ho Miu Ling Nethersole Hospital
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Lau Sau Lin, Tracy	Pamela Youde Nethersole Eastern Hospital
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Diabetes Nurse Clinic Intervention Guidelines

1st Version 2008

Auditors:

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2nd Version 2010

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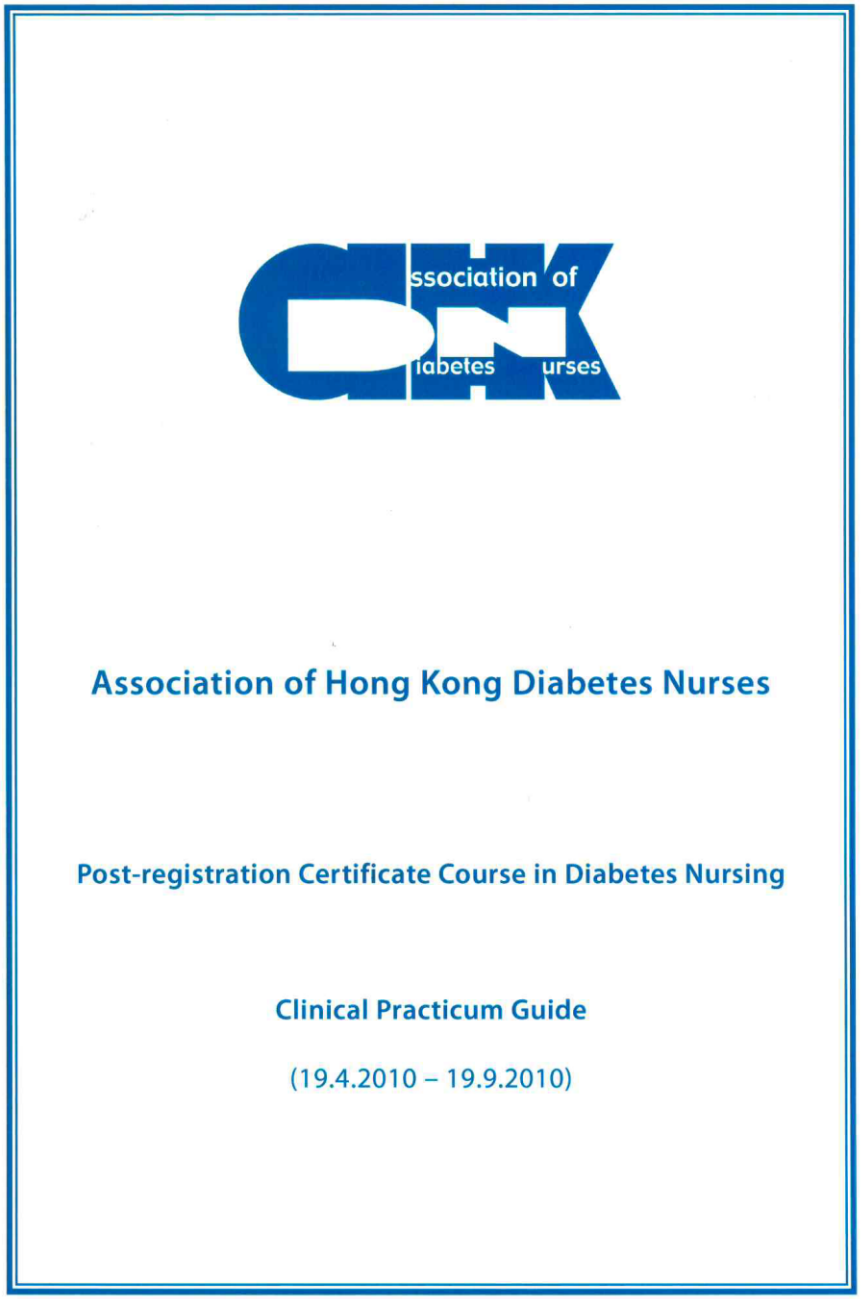
Review Panel:

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Ms. Eva Kan

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Clinical Practicum Guide 2010

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Position Statement (1): DSME: What & Who? (2010)

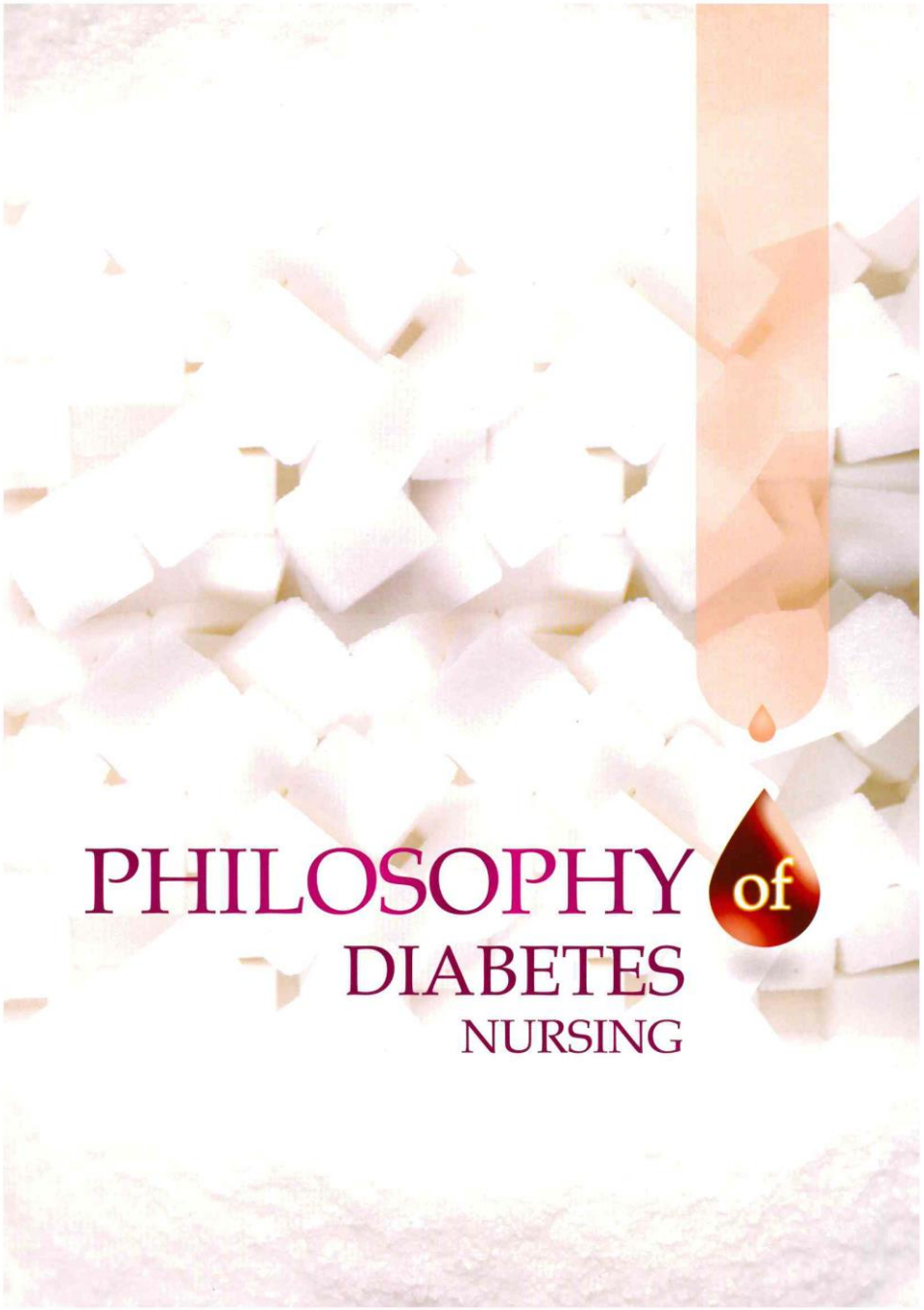


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- Ms. Sau Yee Ng

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- Mr. Peter Li
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- Dr. Tsui Ip Shing



The Philosophy of diabetes nursing integrates evolving scientific and social worldviews. Our paradigm of Man, Environment, Health, Diabetes Nurse and Diabetes Nursing …

2012

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Acknowledgement:

- Prof. Ann Shiu
- Prof. Clive Cockram
- 30 Diabetes Nurses



Evidence-based
Clinical
Guideline

Subcutaneous insulin injection for people with diabetes mellitus

2014/1

香港糖尿科護士協會
Association of Hong Kong Diabetes Nurses

2014

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- Ms. Sarita Chan
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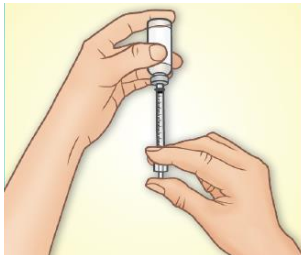
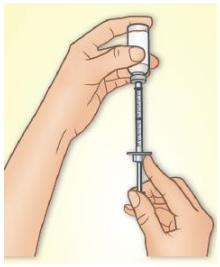
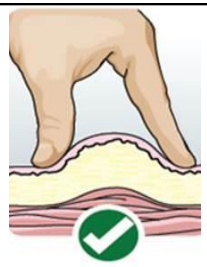
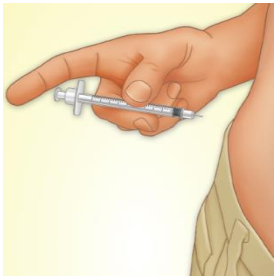
Advisor: Prof. Ann Shiu

Proof Read: Prof. Clive Cockram

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使用胰島素針筒的注射步驟（先導計劃）

1 	2 	3 	4 
清潔雙手	預備物品：瓶裝胰島素、胰島素針筒、酒精棉花。核對胰島素，檢查胰島素有否異常	如使用混濁型胰島素，把藥瓶輕輕上下翻轉或平放在掌心中間滾動達至均勻	用酒精棉花清潔藥瓶橡膠膜
5 	6 	7 	8 
用胰島素針筒抽取與藥量相同之空氣注入藥瓶	把藥瓶及針筒倒轉，抽取少量胰島素，推回瓶內，重覆2至3次，驅走針筒內空氣	抽取及確定胰島素注射劑量	檢視及確定注射部位。用2隻手指輕輕捏起注射部位下的脂肪，以45至90度垂直把針完全插入皮膚
9 	10 	11 	12 
按下活塞把藥物完全注入	用同一角度把針拔出	把針拔出後，用棉花輕輕按壓注射部位，不要用力按摩	棄置針筒於有蓋硬盒內

醫院管理局

病人/家人使用胰島素針筒(Insulin Syringe)評核表(先導計劃)

記錄方法

1) 達標項目以「✓」表示
2) 不達標項目以「✗」表示
3) 不適用項目以「NA」表示

病人姓名：_____

由病人/家人操作（請刪去不適用者）

© 重要評核項目

評核項目		教導日期	評核日期			
						備 註
	1. 認識胰島素針筒及刻度					
注射前	2. 清潔雙手					
	3. 預備物品: 瓶裝胰島素、胰島素針筒、酒精棉花					
	4. 核對胰島素					
	5. 檢查胰島素有否異常					
	6. 抽取胰島素					
	6.1 ©如使用混濁型胰島素，把藥瓶輕輕上下翻轉或平放在掌心中間滾動達至均勻					
	6.2 用酒精棉花清潔藥瓶橡膠膜					
	6.3 用胰島素針筒抽取與藥量相同之空氣注入藥瓶					
	6.4 把藥瓶及針筒倒轉，抽取少量胰島素，推回瓶內，重覆 2 至 3 次，驅走針筒內空氣					
	6.5 ©抽取及確定胰島素注射劑量					
注射程	7. ©檢視及確定注射部位					
	8. 清潔皮膚、待乾					
	9. 用 2 隻手指輕輕捏起注射部位下的脂肪，以 45 至 90 度角把針完全插入皮膚。					
	10. 按下活塞把胰島素完全注入					

Hong Kong College of Medical Nursing

Advanced Practice Nursing (Diabetes) Certification Program

Syllabus of Membership Examination

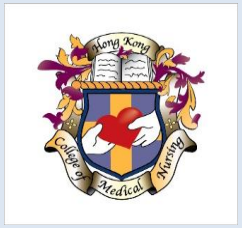
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Reviewed on: 28 May 2018

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- 2nd version (2018)
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  - Ms. Maggie Tong
  - Prof. Ann Shiu (Advisor)



Hong Kong College of Medical Nursing

Advanced Practice Nursing (Diabetes) Certificate Program

Membership Examination (Core Module) 2017

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- 10 Endocrinologists

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Karen Wong	Loo Kit Man	Fanny Ng	Koo Wai Kuen	Maisy Mok
Chow Chee Yee	Maggie Siu	Tammy So	Grace Lin	Wong Suk Chi
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	Wong Yin			

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3. Dr. Tsang Man Wo
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7. Dr. Wu Yu Chor
8. Dr. C C Tsang
9. Dr. Yeung Chun Yip
10. Dr. Kitty Cheung

EBP PROJECTS



The Hong Kong Special Administrative Region of the People's Republic of China

The Chief Executive's 2018 Policy Address



Health Care

- Invite the Nursing Council of Hong Kong to study and implement voluntary registration scheme for advanced nursing practice and pave the way for setting up a statutory registration system



香港糖尿科護士協會
Association of Hong Kong Diabetes Nurses





thank you!