香港糖尿科護士協會有限公司
Association of Hong Kong Diabetes Nurses Limited

14th AGM President Report on 25th June 2022

AHKDN Council 2020-2022

Post	Name	
President	Ms Chan Oi Ying, Sarita	陳愛英
Vice-president	Ms Loo Kit Man	魯潔敏
Secretary	Ms Leung Yat Sze, Annie	梁逸思
	Mr Leung Sum Ming	梁心銘
Treasurer	Ms Lam Yuen Hung	林婉虹
Head of Communication	Ms. Yeung Chau Wan	楊秋雲
Head of Education	Ms Wong Suk Chi	黃淑芝
Head of Publication	Ms Yee Shun Wah, Amy	余舜華
Council Member:	Ms Ho Sau Yee	何秀儀
	Ms Hung Siu Chan, Veronica	孔笑珍
	Dr. Kwan Yee Mei, Jo Jo	關綺媚
	Ms Mok Pik Hung, Maisy	莫碧虹
	Ms Wong Ka Chee, Karen	王家緻

Ms Lam Shuk Man resigned from the post of council member in Aug 2021.

Honorary Advisors:

Professor Clive Cockram
Dr. Tin Sau Cheung
Professor Lam Siu Ling Karen
Ms Marg McGill
Professor Shiu Tak Ying Ann
Professor Wong Kam Yuet Frances
Dr. Yeung Tok Fai Vincent

Honorary Auditor:

Mr. Fung CK, Nicholas

Honorary Legal Advisor:

Mr. Anthony James Hung

4 Council Meetings held in 2021-2022

The 56th AHKDN council meeting was held on 20 August 2021
The 57th AHKDN council meeting was held on 25 November 2021
The 58th AHKDN council meeting was held on 4 March 2022
The 59th AHKDN council meeting was held on 27 May 2022

1. **AHKDN Members (Up to 24 June 2022)**

   Ordinary Members: 103

   Associate Members: 47

   Total number of members: 150

2. **Report of AHKDN Sub-committee**

   a. AHKDN Newsletter Committee

   Chair: Ms Yee Shun Wah Amy

   Members: Ms Chung Hau Yee Harriet, Dr. Kwan Yee Mei Jo Jo, Ms Lam Yuen Hung, Ms Lau Sau Lin Tracy, Ms Leung Yat Sze Annie, Ms So Tak Yee Tammy

   The 17th issue of AHKDN Newsletter was published in February 2022

   - The main themes included:
     - Updated evidence-based clinical guidelines Subcutaneous insulin injection for people with diabetes mellitus
     - Glucagon-Like Peptide 1 Receptor Agonists (GLP-1 RA) in Hong Kong
     - 深水埗地區康健中心

   b. Clinical Work Group on Diabetes Nursing Accreditation

   Representatives to Hong Kong College of Medical Nursing

   Ms Leung Yat Sze Annie & Ms Yee Shun Wah Amy

   Members: Ms Chan Mei Tai May, Ms Kan Ching Yee Eva, Dr. Kwan Yee Mei Jo Jo, Ms Leung Siu Kuen, Ms Ng Chi Wah Fanny, Ms Ng Mei Po Mabel, Ms Tong Mei Ling Maggie

   Advisor: Prof. Shiu Tak Ying Ann

   - The Clinical Work Group helped to develop examination items for accreditation of diabetes nurse or advanced practice nurse. The workgroup continues to support the formulation of standards of curriculum, examination handbooks, mentorship and fellow examination for Hong Kong College of Medical Nursing (HKCMN).

   c. Evidence-based Practice (EBP) Committee

   Chairs: Ms Wong Ka Chee Karen & Ms Yee Shun Wah Amy

   Secretary: Ms Au Ka Yin Shimen

   Members: Ms Chan Ching Yee, Ms Chan Mei Tai May, Ms Chan Oi Ying Sarita, Ms Chan Shuk Kwan, Ms Chang Lai Fan Helen, Ms Cheung Shuk Man, Ms Choi Ching Ada, Ms Chui On Lan Anna, Ms Kan Ching Yee Eva, Dr. Kwan Yee Mei Jo Jo, Ms Lee Ka Ying, Ms Leung Yat Sze Annie, Ms Loo Kit Man, Ms Loong Hong Nin Connie, Ms Mok Pik Hung Maisy, Ms Ng Mei Po

- The updated evidence-based clinical guidelines – Subcutaneous insulin injection for people with diabetes mellitus (English and Chinese version) were published in 10/2021 and were uploaded to AHKDN webpage for reference.
- A seminar on updated insulin injection was held on 27 November 2021 at The Cityview Hotel with 61 attendances. All participants satisfied with the seminar as a whole and found the presentations were informative, practical and useful.
- The 'Exercise Booklet' was in progress.
- The new EBP project on 'Identify and Prevention of Lipohypertrophy' was implemented.

3. Education Seminars & Training

a. The 13th AHKDN Virtual AGM cum Symposium 26 June 2021: The 2nd AHKDN Evidence-based Practice Symposium

- Honorary speech: "Development of Diabetes Nursing in Hong Kong" by Prof Karen Lam
- Evidence-based Symposium:
  - i) "Physical Activity / Exercise & Diabetes: A Guide for DM Nurses" by Ms Sin Wai Man Celia
  - ii) "Recommendation on Preconception Care of Women with Diabetes" by Ms Yeung Hoi Ming Theresa & Dr Leung Sum Ming
  - iii) "Continuous Glucose Monitoring: Practical Guide for Diabetes Nurse" by Ms Ng Mei Po Mabel
- Outstanding Achievement Award:
  - i) "An evaluation of the effect of a Diabetes Care Programme for people with Type 2 Diabetes Mellitus in primary care setting: A pilot randomized controlled trial" by Ms Harriet Chung
  - ii) "Empowerment Program of Foot Care for Patients with Diabetes" by Ms Cheung Shuk Man
- Attendance for Symposium: 74 Ordinary Member & 27 Associate Member & 47 Non-member

b. Managing diabetic retinopathy: Latest development and grading overview on 21 August 2021 organized by AHKDN and sponsored by Bayer

- Dr. Fanny Yip and Dr. Carol Cheung were invited to delivered a webinar. 55 participants attended the lecture. The powerpoint presentation was uploaded to AHKDN webpage for reference.

c. Update Diabetes Management and Education Course 2021-22

- 9 lectures (1 hour per session) were conducted from 9 November 2021-18 January 2022 via Zoom. 115 nurses joined the course to refresh and update the trend for diabetes management and care. Positive feedbacks were received

d. Diabetes care journey (wound care): Triage, Diagnosis, Treatment and Care on 11 December 2021

- A health talk co-organized with Sham Shui Po District Health Centre supported by Health Action and Smith & Nephew was held on 11 December 2021 in hybrid mode with 72 attendances.

e. Managing DM eye complication: From diagnosis to post treatment on 8 January 2022 organized by AHKDN and sponsored by Bayer

- Dr. Yvonne Chan delivered the 2nd webinar seminar on managing diabetic retinopathy. Dr. Sunny Au shared case discussion on retinal photo interpretation. Ms Sarita Chan Ms Annie Leung, Ms Kit Man Loo, Ms Veronica Chan & Ms Maisy Mok were being the panelist in this lecture.

f. Diabetes Preventing the Preventables (DPP) Forum 2022 on 1 May 2022

- A 1-day virtual conference gathered with local and overseas experts to share the latest evidence and best practices in preventing and controlling diabetes and noncommunicable diseases. 70 complimentary registrations were provided to members.
- Ms Sarita Chan was invited to co-chair the Symposium 1 'Nutrition in diabetes and NCD' & Ms Kit Man Loo was invited to co-deliver a topic on "Nurse-coordinated targeted intervention program in diabetic kidney disease".

4. Promoting Health Awareness in Community

a. The 23th Diabetes Lay Program at East Meets West Symposium was held virtually on 25 September 2021.

- DM education materials for virtual booth: beware of blindness-know more about diabetes eyes, innovative way of managing blood sugar after meals, smart eating tips and exercise guide and video on DM dance as well as DM complications were uploaded in the AHKDN virtual booth.
- Ms Loo Kit Man, Ms Theresa Yeung & Ms Ho Sau Yee were invited to chair the lay program.

b. The Endocrinology, Diabetes & Metabolism Hong Kong (EDMHK) 4th Annual Meeting (Public Lectures) was organized as a hybrid meeting on

30 October 2021 at the Hong Kong Convention and Exhibition Centre

- Ms Annie Leung & Sarita Chan were invited as chairpersons of the EDMHK Public Lectures "Foot care in diabetes patients" and "Diet tips for people with diabetes, hypertension, hyperlipidemia and obesity" respectively.

c. Interview at Sky post insulin theme page

- Ms Annie Leung, on behalf of AHKDN was interviewed by Sky Post. The main theme was to update the general public on insulin treatment and clarify misunderstanding and also to celebrate the 100th anniversary of the discovery of insulin. The article and video were published in Sky post on 27 January 2022.

5. Production of Education Tools

a. 胰島素注射知多少 (Booklet)

- Both patient education leaflet and animated video had been released in August 2021. The video was uploaded to Youtube: https://www.youtube.com/watch?v=X0d648e7v6s&t=16s

6. Nomination and Sponsorship

International Diabetes Federation virtual Congress 2021 on 6-11 December 2021 sponsored by BI

- Three members were nominated to attend the Congress.

7. Upcoming Events/ Activities

a. Video production on DM eye complications

- Two 5-minutes videos on DM retinopathy will be released soon.

b. Workshop on lipohypertophy management

A train-the-trainer workshop will be arranged to members for identification and prevention of insulin-induced lipohypertrophy

c. Evidence-based Clinical Guideline

An updated version of "Continuous Glucose Monitoring System: Practice Guide for Diabetes Nurse" and "Physical Activities/Exercise and Diabetes: A Guide for DM Nurses" will be uploaded to AHKDN webpage once finalized.