香港糖尿科護士協會有限公司
Association of Hong Kong Diabetes Nurses Limited

17th AGM President Report on 21st June 2025

AHKDN Council 2024-2025

Post	Name	
President	Ms Loo Kit Man	魯潔敏
Vice-president	Ms Leung Yat Sze, Annie	梁逸思
Honorary Secretary I	Ms Yee Shun Wah, Amy	余舜華
Honorary Secretary II	Ms. Sin Wai Man Celia	冼慧敏
Treasurer	Ms Chan Wing Shan Miranda	陳詠珊
Associate of Treasurer	Ms Kwok Kam Ping	郭錦萍
Head of Education	Ms Yeung Hoi Ming, Theresa	楊海明
Associate of Education	Ms Lai Chui Yi	黎翠儀
Head of Communication	Ms Hui Kit Ming Camille	許潔明
Associate of Communication	Ms Chan Cheuk Man	陳卓敏
Head of Membership	Ms Chan Hoi Man Daisy	陳凱雯
Council Member:	Ms Chan Oi Ying, Sarita	陳愛英
	Ms Mok Pik Hung, Maisy	莫碧虹
	Ms Sin Po Ying	單寶盈
	Ms So Tak Yee Tammy	蘇德宜

Honorary Advisors:
Professor Clive Cockram
Professor Lam Siu Ling Karen
Professor Margaret McGill
Professor Shiu Tak Ying Ann
Dr. Tiu Sau Cheung
Professor Wong Kam Yuet Frances

Auditor:
Mr. Fung CK, Nicholas

Honorary Legal Advisor:
Mr. Anthony James Hung

Youth Diabetes Action representative
Ms Mok Pik Hung Maisy

Diabetes Hong Kong representative
Ms Chan Oi Ying Sarita
Ms Sin Po Ying

Diabetes Division of HKSEMR representative
Ms So Tak Yee Tammy

Association Affairs Advisors
Ms Hung Siu Chan, Veronica
Dr. Kwan Yee Mei, Jo Jo

Ms Loo Kit Man, President of AHKDN 2024-26 presented the following

1. **The 16th AHKDN Annual Symposium & Annual General Meeting**
   Theme: Health food, Health mood
   食息勝也 息食樂也
   It was held on 22 Jun 2024

- 99 members and non-members attended
- Professor Lee Kam Pui Eric delivered a lecture titled 'Mindfulness for Distress in People with Diabetes and Healthcare Professionals'.
- Dr. Yu Man Wei Vivien presented on 'The Psychology of Eating: How to Improve Your Relationship with Food'.

Council Meetings were held in 2024-2025

The 68th AHKDN council meeting was held on 19 June 2024
AHKDN Handover meeting was held on 13 August 2024 (Zoom)
The 69th AHKDN council meeting was held on 6 September 2024 (Zoom)
AGM Preparation Meeting was held on 22 November 2024 (zoom)
The 70th AHKDN council meeting was held on 13 December 2024
The 71st AHKDN council meeting was held on 7 March 2025
The 72nd AHKDN council meeting was held on 16 May 2025
EGM was held on 20 Jun 2025

2. **AHKDN Members (Up to 13 June 2025)**
   Ordinary Member: 108
   Senior Ordinary Member: 13
   Associate Member: 67
   Total number of members: 178

3. **Report of AHKDN Sub-committee**
   1. **Clinical Work Group on Diabetes Nursing Accreditation**
      Representatives to Hong Kong College of Medical Nursing
      Ms Lin Lai Har Grace & Ms Yee Shun Wah Amy
      Members: Ms Au Ka Yin Shimen, Ms Chan Mei Tai May, Ms Cheng Mei Wan Winnie, Dr Kwan Yee Mei Jo Jo, Ms Leung Siu Kuen, Ms Leung Yat Sze Annie, Ms Ng Mei Po Mabel

Advisor: Prof Shiu Tak Ying Ann

The Clinical Work Group helps to develop examination items for the accreditation of diabetes nurses or advanced practice nurses. The workgroup continues to support the formulation of standards of curriculum, examination handbooks, mentorship and fellow examination for Hong Kong College of Medical Nursing (HKCMN). The workgroup was actively developing the 2025 version of the DM specialty syllabus and logbooks.

2. Evidence-based Practice (EBP) Committee

Chairlady: Ms Wong Ka Chee Karen & Ms Yee Shun Wah Amy

Secretary: Ms Chui On Lan Anna

Members: Ms Au Ka Yin Shimen, Ms Chan Ching Yee, Ms Chan Shuk Kwan, Ms Cheung Shuk Man, Ms Choi Ching Yee Ada, Dr Kwan Yee Mei Jo Jo, Ms Leung Yat Sze Annie, Ms Lin Lai Har Grace, Ms Loo Kit Man, Ms Loong Hong Nin Connie, Ms Mok Pik Hung Maisy, Ms Ng Mei Po, Ms Yeung Hoi Ming Theresa

- The committee members are committed to the ongoing enhancement of diabetes care through the promotion of evidence-based practices. The committee meeting was suspended from 27 September 2024, pending for selection of a suitable evidence-based practice topic for discussion.
- The lipohypertrophy patient educational pamphlet will be released in 3Q 2025

4. Education Seminars & Training

A. 6th Annual Scientific Congress by Diabetologists & Endocrinologists Alliance was held on 15 June 2024.

- AHKDN was a supporting organization
- Ms Yeung Hoi Ming Theresa was invited as a panelist in the workshop “Sick Day and Peri-operative Management of Diabetes”

B. 26th Diabetes and Cardiovascular Risk Factors - East Meets West Virtual Symposium was held on 5 - 6 October 2024.

- organized by the Hong Kong Institute of Diabetes and Obesity, CUHK
- AHKDN was a supporting organization
- Ms Yeung Hoi Ming Theresa was invited as Chairperson for the Joint Symposium with The Nethersole School of Nursing, CUHK
- Ms Maisy Mok was invited as the speaker on “Telemedicine in diabetes – Hong Kong”

- 49 members attended the symposium

C. 24th Regional Osteoporosis Conference was organized in Hong Kong on 20 October 2024

- AHKDN was a supporting organization

D. The Endocrinology, Diabetes & Metabolism Hong Kong (EDM HK) 7th Annual Meeting was held on 26 - 27 October 2024

- organized by the Division of Endocrinology, Diabetes and Metabolism, Department of Medicine, The University of Hong Kong, K K Leung Diabetes Centre and Osteoporosis Centre of Queen Mary Hospital
- AHKDN was a supporting organization
- 79 members attended the Meeting

E. Advanced Technologies and Treatments for Diabetes - Asia Conference was held on 18 - 20 November 2024

- 2 members (Ms Chui On Na Anna & Ms Hung Chui Shan) were nominated to attend the conference.

F. Scientific Symposium: Optimizing Outcomes with Automated Insulin Delivery System was held on 11 January 2025

- Ms Sarita Chan & Ms Daisy Chan were the facilitators
- Dr. Gloria Pang was invited to present "Initiation of insulin pump therapy in patients with T1DM"
- Dr. Wong Kwong Yi was invited to present "Report interpretation and related management"
- Ms Maisy Mok was invited to present "Practical tips on pump management"
- 95 nurse participants attended the workshop

G. Optimizing Management of Diabetic Kidney Disease was organized on 14 January 2025

- AHKDN was a co-organizer
- Ms Yeung Hoi Ming was invited to be one of the moderators
- Ms Loo Kit Man was invited as the speaker on "Management of Diabetic Kidney Disease From a Nurse's Perspective"
- 71 nurses attended the symposium

H. Transforming Diabetes Outcomes: The Clinical Power of Insulin Glargine U300 was organized on 4 March 2025

- AHKDN was a co-organizer
- 66 members on site and 6 nurses via zoom attended the symposium

I. International Diabetes Federation - World Diabetes Congress 2025 at Bangkok Thailand was held on 7 - 10 April 2025

- 12 members were nominated to attend
  Ms. Shimen Au
  Ms. Ng Mei Po
  Ms. Elke Lai
  Ms. Sarita Chan
  Ms. Chan Wai Sze
  Ms. Sin Po Ying
  Ms. Camille Hui
  Ms. Loo Kit Man
  Ms. Annie Leung
  Ms. Koo Wai Kuen
  Ms. Liu King Ming
  Ms. Cindy Yim

J. Diabetes Preventing the Preventable (DPP) Forum was held on 18 May 2025

- AHKDN was a co-organizer
- 80 members were nominated to attend
- Ms Loo Kit Man was invited to Chair the Symposium 1 on lifestyle therapy

K. Congress Diabetes Hongkong 2025 - Professional Symposium

- AHKDN was a co-organizer
- 47 members attended the Symposium

5. Promoting Health Awareness in The Community

A. The 26th Diabetes Public Programme at East Meets West Symposium

- It was organized on 5 Oct 2024 and AHKDN was a co-organizer
- This was a one-day educational public programme including 3 educational talks, a cooking class demonstration, and booths for the public
- Ms Chan Sheuk Man and Ms Lai Chui Yi were the MCs in the Lay Program

- In the EMW public programme, AHKDN organized an educational booth featuring a DM knowledge Q&A challenge.
- Nine member volunteers run the booth

B. The Public Lectures at The Endocrinology, Diabetes & Metabolism Hong Kong (EDM HK) 7th Annual Meeting

- It was organized on 26 Oct 2024 and AHKDN was a supporting organizer

C. Diabetic Foot Community Care Program, Rotary Club of Admiralty

- It was organized on 14 November 2024 and AHKDN was a supporting organizer

D. Congress Diabetes Hongkong 2025 (關注糖尿人士會議)

- It was organized on 25 May 2025 and AHKDN was a supporting organizer
- AHKDN organized two game booths for participants, featuring a five-minute 'Dance for Health' challenge and a 'Get to Target' ball game. More than 300 travelling bags and 150 cool towels were distributed to participants.

6. New update

A. PRODUCTION OF EDUCATION TOOLS

- 3 educational videos on muscle-strengthening exercises, collaborated with the Hong Kong Physiotherapist Association (HKPA) are now available and uploaded to the AHKDN Youtube channel.
- Lipohypertrophy patient educational pamphlet will be released
- Diabetes & vaccination patient education pamphlet and video will be released

B. UPCOMING COURSES / TRAINING

- Update on Diabetes and Management Course will be organized in 4Q 2025 (10 lectures)

C. OTHERS

- Membership Upgrade: The annual application period for upgrading from Associate to Ordinary membership runs from April 1st to June 30th each year
- Email Transition: Official AHKDN-designated email addresses are now available,
  e.g. Ahkdn_secretary@ahkdn.com.hk
  and AHKDN gmail addresses will be phased out in Q4 2025
  Yahoo email users should be aware that emails originating from ahkdn.com.hk may be

automatically filtered into the “Trash” folder. Therefore, members are advised to regularly review their “Trash” folder for any AHKDN communications.

- MEMORANDUM AND ARTICLES OF ASSOCIATION of HONG KONG DIABETES NURSES LIMITED (dated 24 Dec 2024 by Document Management Section) was revised and endorsed by council members on 20 Jun 2025



Loo Kit Man
President (2022-2024)