The agenda of the 75th AHKDN Council Meeting

Date: 13 Feb 2026 (Friday)
Time: 19:00
Venue: Room 24, 1/F, Block M, QEH

1 Confirmation of the 74th AHKDN Council meeting minutes

#2 Matters arising

- Change of the AHKDN cheque writers
- - hand in document on 10 Jan 26
- - Replied from Fubon on 20 Feb 2026

3 Evaluation of Diabetes Education & Management Course 2025

Evaluation for

Diabetes Education & Management Course 2025

3 Evaluation of Diabetes Education & Management Course 2025

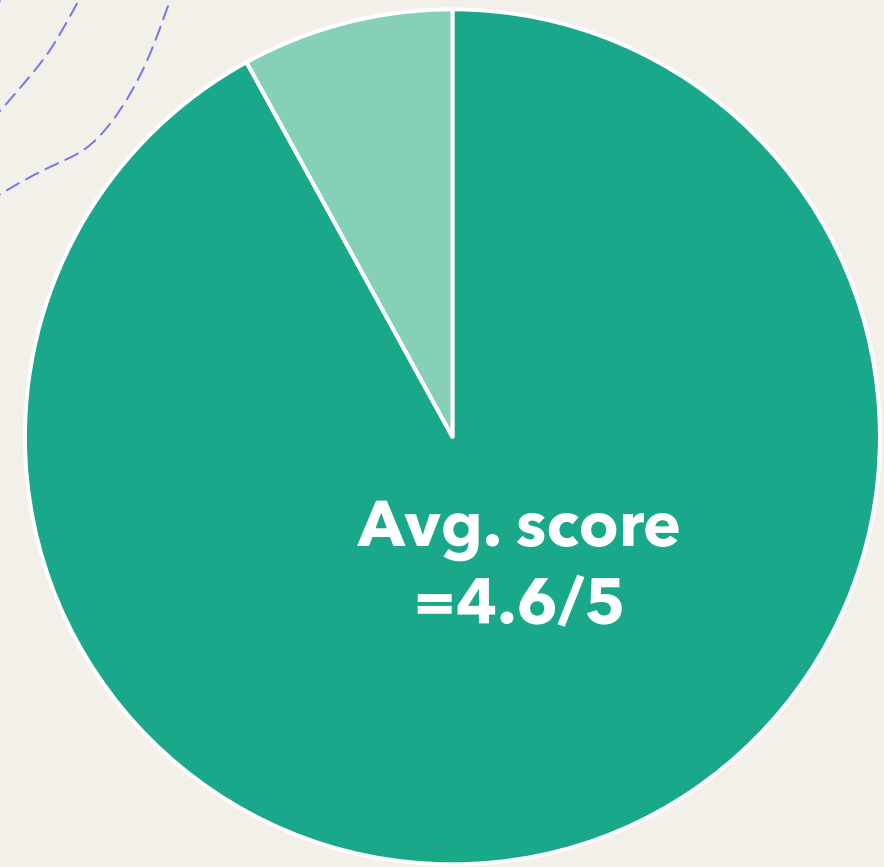
	Number of participants	Number of evaluations received
Lecture 01	98	100
Lecture 02	100	103
Lecture 03	108	107
Lecture 04	105	105
Lecture 05	107	58
Lecture 06	107	106
Lecture 07	105	102
Lecture 08	106	106
Lecture 09	106	101
Lecture 10	104	104

Total registration: 118

Numbers of participants received Certificate: 108

TMDHC	9
TMH/CNS	1
Tsuen Wan District Health Centre	10
TWH	1
TYT GOPC	1
United Christian Hospital	2
UCH FM	2
WTSDHC	5
YCH	3
YLDHC	5
DHC	34
DH	16
HA	49
HA FM/GOPC	16
Private	3
	118

Overall Satisfaction



For the six questions, we use the following countable scale “Strongly Agree=5, Agree=4, Slightly Agree=3, Disagree=2, Strongly Disagree=1, No Comment/NA=0”.

The Overall Satisfaction Scores is 4.6/5.

Scores Distribution of 10 Lectures

Questions:

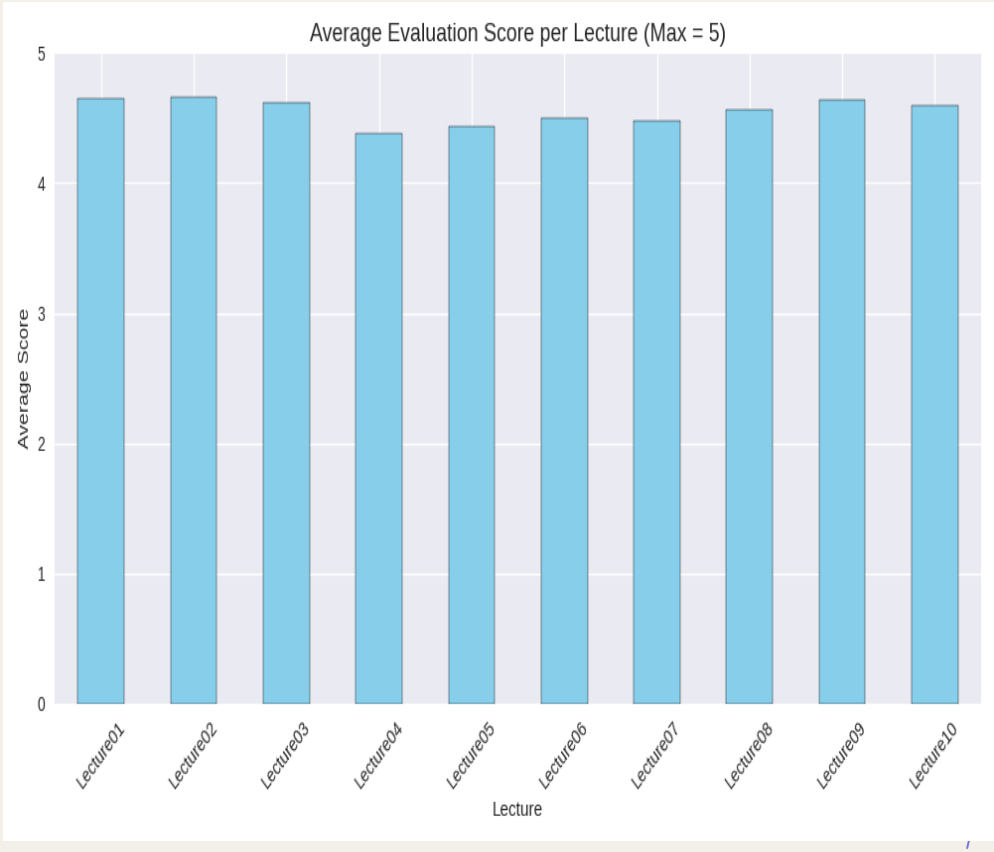
1. The course enhanced my knowledge of diabetes care.
2. The content was practical and applicable to my clinical setting.
3. The course duration was appropriate.
4. I am satisfied with the course.
5. The presenter presented the topic clearly and effectively.
6. The presenter demonstrated expertise.

Lecture	Q.1	Q.2	Q.3	Q.4	Q.5	Q.6	Avg. score
Lecture01	4.7	4.6	4.4	4.7	4.8	4.8	4.67
Lecture02	4.6	4.5	4.3	4.6	4.7	4.7	4.57
Lecture03	4.6	4.5	4.2	4.5	4.7	4.7	4.53
Lecture04	4.7	4.6	4.3	4.6	4.8	4.8	4.63
Lecture05	4.5	4.4	4.2	4.5	4.6	4.6	4.47
Lecture06	4.6	4.5	4.3	4.6	4.7	4.7	4.57
Lecture07	4.6	4.5	4.2	4.6	4.7	4.7	4.55
Lecture08	4.7	4.6	4.3	4.7	4.8	4.8	4.65
Lecture09	4.8	4.7	4.4	4.8	4.9	4.9	4.75
Lecture10	4.7	4.6	4.3	4.7	4.8	4.8	4.65

Observation from data

- **Highest score:**
  Lecture 09 (average 4.75)
- **Relatively low score:**
  Lecture 05 (average 4.47), mainly due to a low score in Q3: "Lecture Duration".
  This could be due to zoom technical problem.
- **Consistency:**
  The average score for all lectures was between 4.4 and 4.8
- **Most prominent strength:**
  Speaker professionalism and clarity of expression, consistently achieving a score close to 4.8–4.9 in almost every lecture.
- **Areas for improvement:**
  Question3: Lecture duration(Q3) was generally lower than other questions.

  In addition, comments from question 7-9 suggest more time for Q&A sessions from students.



Summary of Open Question 7-9

Questions:

7. What did you find most valuable about this course?
8. Do you have any suggestions for improvement?
9. Other comment

Category	Insights	Keywords / Expression
Advantages	Case sharing is the most popular, as it helps in understanding and clinical application.	case sharing, clinical photos, patient examples
	The latest knowledge updates have been very helpful to the students.	updated knowledge, new drugs, CGM, latest guideline
	The course is highly practical and can be applied to the workplace.	practical tips, applicable in clinical setting
	The speaker was professional and articulated clearly, earning high praise.	professional, clear voice, good presentation skill
	The course is comprehensive and well-structured.	comprehensive, organized, fruitful information
Improvement Areas	The course time was relatively short, and the students requested an extension or additional Q&A session.	duration too short, extend Q&A, more interaction
	if the course could provide lecture notes or recordings to facilitate pre-class preparation and post-class review.	notes before lecture, handouts, recording
	Increase interactivity and case sharing	more case sharing, interactive demo
	Administrative/technical support needs improvement (e.g., Zoom Link issues, audio problems).	Zoom link issue, audio problem

Summary of Open Question 7-9

+ **Strengths:**
  Case sharing, latest knowledge updates, practicality → participants found it most valuable.

+ **Areas for Improvement:**
  Extend course duration, provide teaching materials, increase interaction in BG monitoring session(learn about CGM), improve technical support.

#4 Invitations received

- Diabetes Education in the IDF Western Pacific Region-The Lancet publication (Prof Margaret McGill for article writing)
- President's Message for HKCMN 15th Anniversary e-program book
- Speaker Invitation - Sanofi and AMCGM Macau education program on 20 Mar 2026
- Paed vaccination joint statement endorsement - from Asian Society for Pediatric Infectious Diseases (ASPID)

#5 Endorsement of the following

- Co-organizer of Diabetes Prevent the Preventable (DPP) Forum 2026 on 17 May 2026 (Sunday). Nominate a member to join the Programme Committee
- Salary of PT AHKDN clerks – Nina and Ken & subsequent hrly rate

Ken's work schedule for AHKDN (Sept 2025 – DEC 2025)

	Date	Description of work	PIC	Time consumed (hrs)
1	2/10/2025	Preparation of zoom course	TH	1
2	3/10/2025	Google form for zoom course	TH	1
3	5/10/2025	Zoom meeting setting test	TH	1
4	5/10/2025	Zoom Link's email testing and sending	TH	1
5	8/10/2025	Helper for zoom course	TH	1.5
6	10/10/2025	Preparation for Lecture's notes email and sending	TH	0.5
7	12/10/2025	Following the enquiry for zoom link's email of Lecture 01	TH	0.5
8	13/10/2025	Google form for zoom course Lecture 02	TH	0.5
9	14/10/2025	Data entry of Lecture 01's attendance and evaluation	TH	1
10	15/10/2025	Helper for zoom course	TH	1.75
11	16/10/2025	Zoom demo for Registration Form post	TH	0.5
12	17/10/2025	Update Zoom demo for Registration Form post	TH	0.5
13	18/10/2025	Data entry of Lecture 02's attendance and data sorting	TH	0.75
14	18/10/2025	Enquiry email follow up	TH	0.5
15	20/10/2025	Enquiry email follow up	TH	0.75
16	21/10/2025	Enquiry email follow up & Google form for Lecture 03	TH	0.5
17	22/10/2025	Helper for zoom course	TH	2
18	25/10/2025	Data entry of Lecture 03's attendance and email sending	TH	0.5
19	2/11/2025	Data entry of Lecture 03's attendance time	TH	1.5
20	3/11/2025	Enquiry email follow up	TH	0.5
21	4/11/2025	Google forms for Lecture 04 and 05	TH	1
22	5/11/2025	Helper for zoom course & Data entry	TH	2.5
23	12/11/2025	Helper for zoom course	TH	1
24	17/11/2025	Google forms for Lecture 06-10	TH	1
25	18/11/2025	Data entry of Lecture 05's attendance and email sending	TH	1
26	19/11/2025	Helper for zoom course & Data entry	TH	2.5
27	23/11/2025	Data entry of Lecture 06's attendance and email sending	TH	1
28	26/11/2025	Helper for zoom course & Data entry	TH	2.5
29	29/11/2025	Data entry of Lecture 07's attendance and email sending	TH	1
30	3/12/2025	Helper for zoom course & Data entry	TH	2.5
31	7/12/2025	Data entry of Lecture 08's attendance and email sending	TH	1
32	10/12/2025	Helper for zoom course & Data entry	TH	2.5
33	14/12/2025	Data entry of Lecture 09's attendance and email sending	TH	3
34	17/12/2025	Helper for zoom course & Data entry	TH	2.5
35	22/12/2025	Data entry of Lecture 10's attendance & prepare e-Certificate template	TH	1
36	25/12/2025	Prepare & send e-Certificate	TH	0.5
37	26/12/2025	Prepare & send e-Certificate	TH	3
38	27/12/2025	Prepare & send e-Certificate	TH	4
			Total	51.25

Nina's work schedule for AHKDN (SEP 2025 - DEC 2025)

	Date	Description of work	Time consumed (hours)
	6/9/2025	Added AHKDN membership - Including sent the welcome letter & reset password to them - Updated membership list Sorted and checked Registration List of East Meets West Symposium 2025	1
	12/9/2025	Added AHKDN membership - Including sent the welcome letter & reset password to them - Updated membership list Removed files from AHKDN website; Teminated renewal google form	1
	17/9/2025	- E-receipts templates sent to Treasurers - Uploaded video to AHKDN google drive and QR code generated	0.5
	2/10/2025	Updated Google Form & URL link in AHKDN website - Updated rejoining PDF form to the AHKDN website ("Useful Forms" and "Membership") - Modified rejoining Google Form (https://forms.gle/YFkfX38onAy6E5zU9) - Removed the membership renewal form & upgrade membership form from AHKDN website ("Useful Forms")	0.5
	3/11/2025	Added AHKDN membership - Including sent the welcome letter & reset password to them - Updated membership list	0.25
	18/11/2025	Added AHKDN membership - Including sent the welcome letter & reset password to them - Updated membership list Updated access right of google drive of AHKDN gmail	0.5
	3/12/2025	- Uploaded files to AHKDN website & QR code generation - Solved the login problem in AHKDN website	0.75
	6/12/2025	Restricted access right of google drive of AHKDN gmail	0.25
	11-17/12/2025	Discussion & Suggestion of the AHDKN website revamp	1.5
	1-22/12/2025	- Zoom meeting with colleagues (Treasurers / Memebership) - Updated the templates of official receipt - Issued official receipts for previous new members - Emails sent to members and uploaded to Google Drive - Added columns in AHKDN membership list (EXCEL) and updated the list - Generated membership lists for public (Ordinary only & Associate only) - Creation of google forms for membership renewal 2026-2027	3.25
		Total:	**9.5**

Kindly make payment by cheque or bank transfer to my following bank account after approval. Thank you!

Payee Name: **CHAN LING NA**
Bank A/C No.: **829-454529-833**
Bank Name: **HSBC**

Sept to Dec 2025 Ken=51.25 hrs Nina = 9.5hrs Contract ended 31 Mar 26 – hrly rate $130

#6 Sponsorship for IDF-WPR 2026 by Ascensia Diabetes Care

- Sponsorship of the IDF-WPR 2026 & ADC 2026 & Metabolic Diseases 2026, 18th - 21st August 2026 in Melbourne, Australia
- invite six nurses

The Estimated cost for the items	Estimated cost HKD
Round Trip Air-tickets (Economy)	$6,800
Hotel in Australia for 4 nights including breakfast	$7,000
Registration Fees	$4,480
Total HKD	$18,280

- HK$18,280 per nurse
- provide a copy of the attendance certificate of the Event

#7 GSK Vaccination video and pamphlet printing and distribution

Video

- [animation video]Please find the output files in the download link below:

- https://quicksend.interpublic.com/fl/hTC6CykCBFqq

- Password: HqRqH8h7X3C1

呼吸道感染	季節性流感疫苗
	肺炎球菌疫苗
	2019 冠狀病毒病疫苗
	呼吸道合胞病毒（RSV）疫苗
	百日咳混合疫苗(白喉、破傷風及無細胞型百日咳混合疫苗)
帶狀疱疹(生蛇)	重組帶狀疱疹疫苗（蛇針）

糖友疫苗接種建議

根據美國疾病管制與預防中心(CDC)及美國糖尿病學會(ADA)的最新疫苗接種建議，以下是糖友可考慮的一些疫苗[#21-23]：



	疫苗	建議接種年齡	接種建議	可接種地點	政府資助	自費費用
呼吸道感染	季節性流感疫苗 優先組別人士可獲免費或資助接種[§]	≥6個月	每年接種一劑。	醫管局診所/醫院 私家診所/醫院[△] 地區康健中心/社區藥房	優先組別人士獲政府免費或資助接種[§]	數百元不等
	肺炎球菌疫苗 65歲或以上人士可獲免費或資助接種[§]	18-64歲 ≥65歲[†]	高風險人士接種一劑十五價疫苗，再於一年後接種二十三價疫苗。[25]	醫管局診所/醫院 私家診所/醫院[△]	65歲或以上獲政府免費或資助接種[§]	數百至千元不等
	2019冠狀病毒疫苗 優先組別人士可免費接種額外加強劑[§]	≥18歲	已完成初始劑次的高風險人士，應於最後一劑後180日接種最新的加強劑。			一千多元不等
	呼吸道合胞病毒（RSV）疫苗	50-59歲 (只適用重組佐劑疫苗)[#] ≥60歲	接種一劑。			二千多元不等
	百日咳混合疫苗(白喉、破傷風及無細胞型百日咳混合疫苗)	≥18歲	首次接種一劑後，每十年接種一劑加強劑。			一千多元不等
其他	重組帶狀疱疹疫苗（蛇針）	18-49歲[¶][26] ≥50歲	於2-6個月後接種第二劑。高風險人士可於1-2個月後接種第二劑。			兩劑合共數千元不等
	乙型肝炎疫苗	≥18歲	接種三劑。	私家診所/醫院[△]	暫時未有	三劑合共一千多元不等

接種一劑
-重組RSV佐劑疫苗提供最少30個月的保護
-二價RSV疫苗提供最少17個月的保護

接種第一劑疫苗2至6個月後接種第二劑疫苗

曾感染帶狀疱疹或曾接種減活疫苗人士，亦應接種重組帶狀疱疹疫苗

帶狀疱疹 (生蛇)


糖友
check — check
我已經接種以下疫苗：
疫苗
接種日期
呼吸道感染
季節性流感疫苗(每年接種一劑)
肺炎球菌疫苗
第一劑：
第二劑：
2019 冠狀病毒疫苗
加強劑：
呼吸道合胞病毒（RSV）疫苗
百日咳混合疫苗（白喉、破傷風及無細胞 型百日咳混合疫苗）
第一劑：
加強劑：
其他
重組帶狀疱疹疫苗（蛇針）
第一劑：
第二劑：
乙型肝炎疫苗
第二劑：
第三劑：
此資料只用作參考用途，如有疑問，請向醫護人員及專業人士查詢。
糖友
防疫教育影片

糖尿病與感染教育影片

#8 International Nurses Day Celebration Dinner 2026

- 1st OC meeting was organized on 27 Jan 2026 and notified 78 persons (including AHKDN) by IND Secretariat for group enrollment on or before 28 Mar 2026
- It will be held on 23 May 2026 at Hopewell Hotel (group enrolment before 28 Mar 26, $750 per person)

#9 Invitation to conduct a 1-day short course

- Understood from your association website that there was a Continuous Glucose Monitoring System: Practice Guide for Diabetes Nurse published in 2022, I am writing on behalf of the Primary Healthcare Commission, Health Bureau to enquire if your organization has any upcoming courses or previous experience in conducting a 1-day short course for nurses on patient counselling and education on the use of continuous glucose monitoring device (CGM) for blood glucose control monitoring.

- Dr Larissa Tsui
- MO(Professional Development)
- Primary Healthcare Commission, Health Bureau

#10 The 18th AGM on 18 July 2026 at YMCA

#11 AHKDN website revamp

- Zoom meeting on 6 Jan 26 with ICE Pacific staff, CM, Annie, Camille, Ken, Nina, kit man

AHKDN website revamp objectives

- Easy to manage by webmasters for file and photo upload
- Member zone and public zone
- Enhance members to change login password
- Add view counts

Take this website as reference https://www.endocrine-hk.org/



About us
- Overview
- Our Belief
- Objective

Organization
- organization chart (from the 1st)
- Sub-Committee

Membership
- Types, form

Upcoming professional event
- AGM / co-organizer (from the 1st)

History and Archive

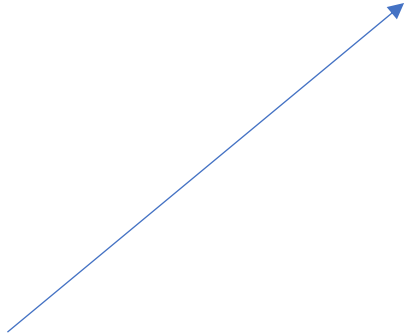
Newsletter / Guideline / Protocol

Patient Guide (糖友資訊)
- 糖尿病講座
- 糖尿病資訊

Related links

Disclaimer

Members login
Forgot password
Contact us



Members' zone
- Constitutions (M&A)
- AGM programme book
- Professional lecture notes
- Sponsorship & application form
- Photo gallery
- AHKDN Council members (all documents will be encrypted)
  - ☐ Council meeting agenda & minutes
  - ☐ EGM minutes
  - ☐ President report
  - ☐ Financial report

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Professional information / Guideline / Protocol

Patient Guide (糖友資訊)
- 糖尿病講座
- 糖尿病資訊

Related links

Disclaimer

Past Council	Past Sub-committee	Past Professional Events	Newsletter

ICE Pacific

ICE Pacific Limited
亞訊達(香港) 有限公司

ICE Pacific Limited
Unit F, 7/F, Infotech Centre,
21 Hung To Road, Kwun Tong,
Hong Kong
Tel: (852) 2317 6109
Fax: (852) 2317 6090
http://icepacific.com

To : Association of Hong Kong Diabetes Nurses Limited
Attn : Ms. Chan
Email : ahkdn_communication@ahkdn.com
Tel : 2486 8105 / 9018 8283
Ref : Q260129-71

From : Cassie Chan
Fax : 2317 6090
Tel : 2317 6109
Date : 29-Jan-26
Page : 1 of 2

Quotation

Items description	Man-Days	Unit Price	Price HK$
. Content Management System (CMS) Design Package			
Layout Structure & Graphic Design One Page Design: HOME In JPG Format The design draft will be provided after the approval of the quotation * No payment is required at this phase	5	1,800	~~9,000~~ **Waive** *(free design draft)*
CMS program: WordPress One Language: Eng Responsive Effect: Yes Favicon: Yes Versions: v.6.8 or above No. of sections: 11 1) Home (With Animated Banner & View Counts) 2) About Us (Overview / Our Belief / Objective) 3) Organization (Organization Chart / Sub-Committee) 4) Membership (Types & Form) 5) Upcoming Professional Event (AGM / Co-organizer) 6) History & Archive (Past Council / Past Sub-committee / Past Professional Events / Newsletter) 7) Professional Information / Guideline / Protocol 8) Patient Guide (糖友資訊: 糖尿病講座 / 糖尿病資訊) 9) Related Links 10) Disclaimer 11) Member's Zone (Registration Form / Login / Forgot pw / Contact Us) Animated Banner - Includes unlimited no. of banner image - Each image has its own hyperlink - Flashing Effect Applied Update Web Page Content - Change banner image - Add / edit / delete page content - Content: Text / Image / Files / Youtube Update Events & Newsletter - Unlimited no. of posts	12	2,500	30,000

ICE Pacific

ICE Pacific Limited
亞訊達(香港) 有限公司

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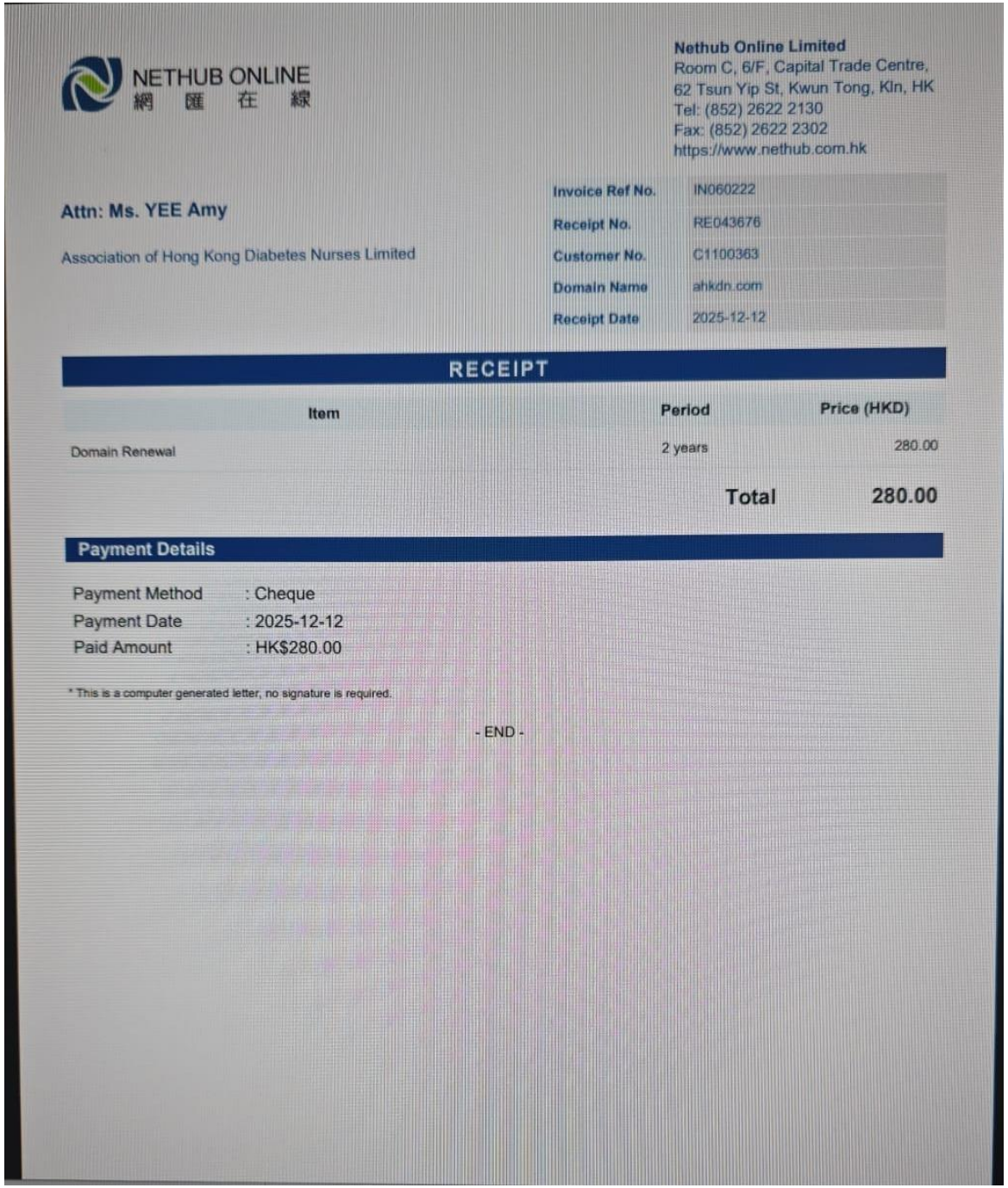
Quotation

Items description	Man-Days	Unit Price	Price HK$
. Content Management System (CMS) Design Package			
CMS program: WordPress (Continuous) Member's Zone Backend - Name, Membership no., Email & Remarks - Type (tool bar for selection - Ordinary, Senior Ordinary, Associate, Affiliate, Ordinary, Other - Rejoin, date of joining / expiry * Modification and maintenance of Wordpress features can be provided on request			
I. User Acceptance Guarantee			
User Acceptance Testing UAT Period: 30 Days	30	0	0
		Total Cost	**30,000**

lotes:
. 50% deposit is required to be settled should the design draft is accepted and project development starts.
. Three times modifications are included during the development period.
. All outstanding balance of the invoice should be settled before the finalized website is launched.
. The website will be tested by browsers of Edge & Google Chorme.
. All prices quoted are valid for 30 days from the date issued on the quotation.

香港糖尿科護士協會有限公司
Association of Hong Kong Diabetes Nurses Limited

- All members the endorsed the ICE Pacific AHKDN website revamp contract $30000 on 30 Jan 2026
- Change of Nethub contact from Secretary(Amy) to Communication (Cheuk Man)



NETHUB ONLINE
網 匯 在 線

Nethub Online Limited
Room C, 6/F, Capital Trade Centre,
62 Tsun Yip St, Kwun Tong, Kln, HK
Tel: (852) 2622 2130
Fax: (852) 2622 2302
https://www.nethub.com.hk

Attn: Ms. YEE Amy

Association of Hong Kong Diabetes Nurses Limited

Invoice Ref No.	IN060222
Receipt No.	RE043676
Customer No.	C1100363
Domain Name	ahkdn.com
Receipt Date	2025-12-12

RECEIPT

Item	Period	Price (HKD)
Domain Renewal	2 years	280.00
	Total	**280.00**

Payment Details

Payment Method	: Cheque
Payment Date	: 2025-12-12
Paid Amount	: HK$280.00

* This is a computer generated letter, no signature is required.

- END -

All payment related issue please also send CC copy to Nina

Current AHKDN email addresses

Ahkdn-president@ahkdn.com.hk
Ahkdn_vicepresident@ahkdn.com.hk
Ahkdn_secretary@ahkdn.com.hk
Ahkdn_communication@ahkdn.com.hk
Ahkdn_treasurer@ahkdn.com.hk
Ahkdn_education@ahkdn.com.hk
Ahkdn_publication@ahkdn.com.hk
Ahkdn_membership@ahkdn.com.hk
Ahkdn_enquiry@ahkdn.com.hk – by Communication staff
Ahkdn_education@ahkdn.com.hk
Ahkdn_communication@ahkdn.com.hk

Suggestions

- Both ahkdn.com or ahkdn.com.hk can send emails to gmail user successfully except yahoo email still to junk mails
- Not to use the gmail after revamp of website. Set reminder to send to new email addresses

ahkdn.secretary@gmail.com

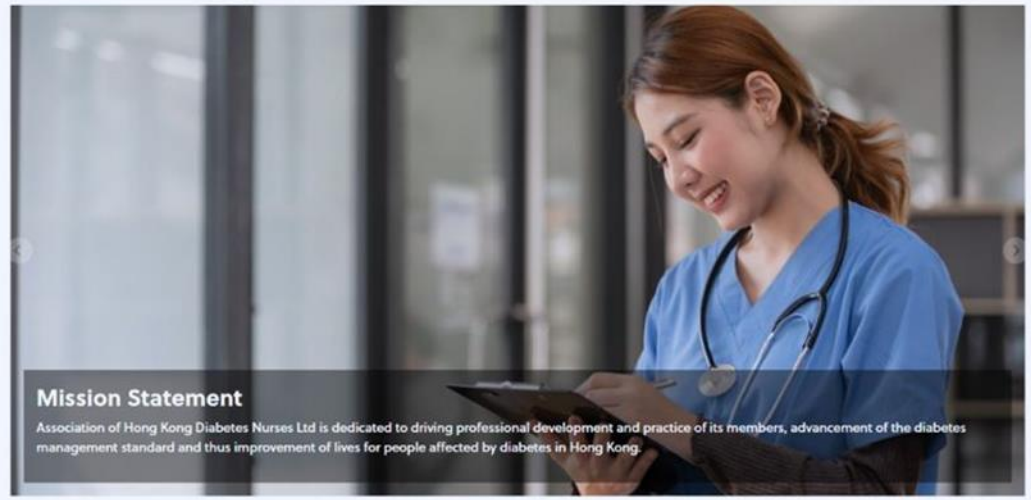
ahkdn.ltd@gmail.com

Reserve for google Drive for files upload and manage google channel

香港糖尿科護士協會
Association of Hong Kong Diabetes Nurses

- Home
- About Us
- Organization
- Membership
- History and Archive
- Newsletter / Guideline / Protocol
- Related links
- Disclaimer

Association of Hong Kong Diabetes Nurses



Events



May 5, 2018

Evidence-based Practice Training Workshop 7 – Critical Appraisal for RCT

short description here...

51

Newsletter



17th AGM Programme Book

No comments



16th AGM Programme Book

No comments



19th Newsletter

No comments

ABOUT AHKDN

AHKDN mainly focuses on the further development of its members and contributions to local society.

WE NEED YOUR SUPPORT

Every candidate for membership of the Association shall be recommended by at least one Ordinary Member of the Association.

GET IN TOUCH

ahkdn.ltd@gmail.com

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香港糖尿科護士協會
Association of Hong Kong Diabetes Nurses

About us
- Overview
- Our Belief
- Objective

Organization
- organization chart (from the 1st)
- Sub-Committee

Membership

Upcoming professional event
- AGM / co-organizer (from the 1st)

History and Archive

Newsletter / Guideline / Protocol

Patient Guide (糖友資訊)
- 糖尿病講座
- 糖尿病資訊

Related links

Disclaimer

Photo

OVERVIEW

Association of Hong Kong Diabetes Nurses Ltd (AHKDN) is the leading academic and professional association for Diabetes Educators and Nurses in Hong Kong. In late 1980, a group of pioneer diabetes nurses in Hong Kong established the Diabetes Educators Group (DEG) under Diabetes Division of Hong Kong Society of Endocriology, Metabolism and Reproduction (HKSEMR). In more than 10 years time, number of diabetes nurses in Hong Kong has grown a lot who formed its own association as AHKDN in year 2008.

All along, our association aims at promoting the standard of diabetes care in Hong Kong for over 700,000 people suffered from diabetes mellitus. AHKDN organizes various educational activities so as to update the knowledge and skills of both healthcare professionals as well as people with diabetes, their carers; promoting the culture of self-management of chronic disease in Chinese.

- Ahkdn_enquiry@ahkdn.com.hk to replace itd.gmail
- Organization chart – no photos (in table, from the 1st)
- Upload meeting minutes, report (in recent)
- Photo gallery (last AGM photos – links ? Amy)

- Is a permission needed if HA nurses want to use AHKDN website information?

#12 Membership update

- Send reminder for membership renewal after CNY+ notification of the coming AGM theme, date and venue
- NCs to promogulate membership renewal
- Management of old membership forms

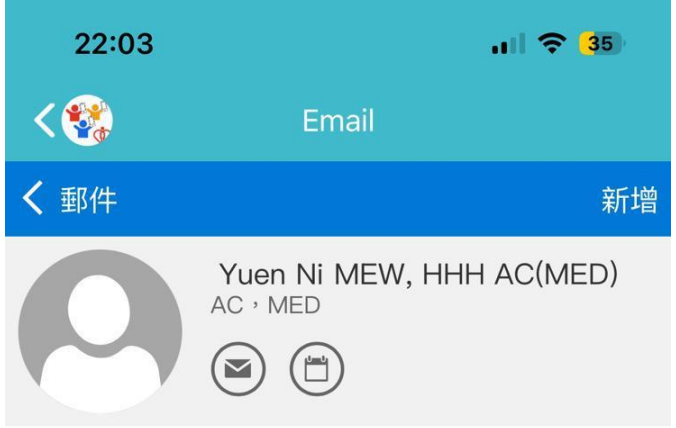
#13 Report from Sub-committee

- EBP Committee
- Clinical Work Group on Diabetes Nursing Accreditation

#14 Report from the related Associations and Societies

- Hong Kong College of Medical Nursing (HKCMN) – Jo Jo
- Diabetes Hongkong (DHK) – Sarita
- Diabetes Division (DD), HKSEMR – Tammy
- Youth Diabetes Action (YDA)- Maisy

#10 The 18th AGM on 18 July 2026 at YMCA



識 連絡人 附註 組織

行事曆

排程會議

傳送 電子郵件

annie.mew@ha.org.hk

工作

職稱: AC
部門: MED
公司: KEC
辦公室: HHH
目錄



Mick YU Chung Tsang余忠諍

Phone

Hospitals	UCH
Department	Nurse Consultants
Job Title	Nurse Consultant (Stroke Care) 顧問護師 (中風科)
Location	Rm A, 5/F, Blk L, UCH.
Phone	52156783
Email	
Fax	39495569
Zoom	Registered



Dr Samuel LAM林肇基

Phone Email HA Chat

Hospitals	PYNEH
Department	Neurosurgery
Job Title	Chief of Service (COS)
Location	MB.02.074
Phone	25956456
Email	lsk074@ha.org.hk
Fax	29654061
Zoom	Registered

18th AGM

Date:	(Sat)18 July 2026
Time:	2pm to 6:30pm
Venue:	The Grand Assembly Hall, 4/F, The Salisbury – YMCA of Hong Kong, 41 Salisbury Road, Tsim Sha Tsui, Kowloon, Hong Kong
Theme:	Stroke management

EVENT DATE
July 18, 2026 (Saturday)

EVENT TIME
Meeting: 1:00pm - 6:30pm
Dinner: 7:00pm - 10:30pm

VENUE
Meeting - The Grand Assembly Hall I & II, 4/F (approx. 3,360 sq. ft.)
Dinner - The Grand Assembly Hall I & II, 4/F (approx. 3,360 sq. ft.)

ATTENDANCE
Meeting - Guaranteed 120 persons & Expected 130 persons
Chinese Dinner - Guaranteed 7 tables & Expected 7 tables of 12 persons each

To allow us to serve you better, please advise us the final increased attendance on or before **July 3, 2026.*
Guaranteed of attendance are not subject to reduction. We shall charge according to the guaranteed attendance or the actual attendance, whichever is higher.

MINIMUM CHARGE
At HK$106,360.00 for the exclusive use of The Grand Assembly Hall I & II, 4/F North Tower for Meeting from 1:00pm to 5:00pm and Dinner from 6:00pm to 10:30pm on July 18, 2026.

$510 per head, 4 kinds x 2 refreshment
Candies and water + coffee throught the meeting
$6000 for LED
1 carpark – ask for more

Afternoon Tea Break Snack Items (Please choose FOUR items) 下午茶點小食（自選四款）

Items 款式	√	Time 時間:	Function date 日期:
Assorted French Pastries 法式雜餅			
Assorted Fruit Tart 鮮果撻			
Home-made Cookies 曲奇餅			
Vegetarian Samosa 素菜咖哩角			
Financier 法式杏香甜餅			
Pandan Chiffon Cake 香蘭雪芳蛋糕			
Portuguese Custard Tart 葡式蛋撻			
Carrot Cake 甘荀餅			
Lemon Meringue Tart 檸檬蛋白撻			
Assorted Sandwiches 雜錦三文治			
Steamed Chinese Pudding 蒸碌仔糕			
Mini Doughnuts 迷你甜甜圈			
Red Bean Coconut Pudding 椰汁紅豆糕			
Green Tea Sponge Cake 綠茶海綿蛋糕			
Tiramisu 提拉米蘇			
Fresh Fruit in Glass 鮮果杯			

Remarks 附註:

- Coffee break time around 15-20 minutes 茶點供應時間為 15-20 分鐘

2026 Celebration Package
Chinese Menu A

錦繡三小碟
Deluxe Appetizer Combination
醉豬手 · 涼拌粉皮 蒜泥拍青瓜
Drunken Pork Knuckle, Bean Starch Sheets with Sesame Sauce, and Cucumber with Garlic and Vinegar

鮮蝦鍋貼
Deep-fried Prawn Toast

翡翠螺仁鳳片
Sauteed Conch and Chicken Fillet with Seasonal Vegetables

瑤柱珍菌扒時蔬
Braised Seasonal Vegetables with Conpoy and Mushroom Sauce

海底椰栗子燉雞湯
Double Boiled Chicken, Sea Coconut and Chestnut Soup

紅燒元蹄
Spicy Braised Port Knuckle

清蒸沙巴龍躉
Steamed Fresh Sabah Garoupa

蒜香脆皮雞
Deep-fried Crispy Chicken with Garlic

鮮蝦薑米炒飯
Fried Rice with Shrimps and Ginger

一口菜肉餃
Pork and Vegetable Dumplings in Soup

冰花燉雙雪
Double Boiled Pear and Snow Fungus

迷你蛋撻
Mini Egg Tart

HK**$6,800** per table 每席港幣
unlimited serving of local beer, chilled orange juice and soft drinks for 2 hours
無限量供應啤酒、橙汁及汽水飲品共兩小時
plus a 10% service charge 另加一服務費

2026 Celebration Package
Chinese Menu B

大紅乳豬件拼海蜇
Barbecued Suckling Pig with Jellyfish

荔蓉鳳尾蝦
Deep-fried Prawn Coated with Mashed Taro

彩椒花姿鳳片
Sauteed Cuttlefish and Chicken Fillet with Bell Pepper

瑤柱太子鮑扒時蔬
Braised Seasonal Vegetables with Baby Abalone and Conpoy

雲腿蟲草花燉雞湯
Double-boiled Chicken and Yunnan Ham Soup with Cordyceps Flower

碧綠海螺片扒玉掌
Braised Goose Webs and Sliced Sea Whelk with Seasonal Vegetables

清蒸沙巴龍躉
Steamed Fresh Sabah Garoupa

當紅脆皮雞
Crispy Fried Chicken

海皇炒飯
Fried Rice with Seafood

乾燒伊麵
Braised E-Fu Noodle

珍珠杏仁茶
Sweetened Almond Cream with Tapioca Pearls

迷你蛋撻
Mini Egg Tart

HK**$7,800** per table 每席港幣

unlimited serving of local beer, chilled orange juice and soft drinks for 2 hours
無限量供應啤酒、橙汁及汽水飲品共兩小時
plus a 10% service charge 另加一服務費

Theme slogan suggestions

1. Stroke management : A Roadmap from Acute to Rehabilitation
2. Advancing Stroke Care: Integrating Medical, Surgical, and Nursing Expertise
3. Comprehensive Stroke Management: From Ischaemic to Haemorrhagic Care
4. Stroke Care Synergy: Collaborative Approaches for Better Outcomes

Chinese

- 急症如風，康復如舟

  Acute stroke is like the wind: sudden, fast, and unpredictable

  Recovery is like a boat: steady, gradual, and requiring guidance.

Presents for 18th AGM

- Budget for gifts- $25000
- All members endorsed on 23 Dec 2025 to use 2025 budget to purchase gifts earlier as sales during Christmas

	18th AGM worklist	Responsible	Ready by
1	➢ Invitation to members to AGM + reminder + AGM Program Book (Amy) ➢ AGM Prog book (vetting by Programme Committee + immediate past president) ➢ Enrollment of symposium (Annie) ➢ Enrollment for annual dinner and table arrangement (Annie) ➢ attendance google form, evaluation google form, collect enrollments, dinner table assignment (Annie) ➢ CNE application and evaluation (kit man) ➢ Attendance certificate preparation (Ken by Kit man) ➢ Badge design (KM and Ken)	Programme Committee (President + Vice + 2 Secs)	
2	➢ Venue – on-site set up (back drop, microphone, notebook & projector), reception & booth coordination ➢ Send email for guest invitation & Centre ICs invitation	Organizing Committee CM and Camille (Communication)	
3	Drug company sponsor invitation	Kit man	
4	MC at Symposium	Camille & Tammy	
5	MC at Annual Dinner	Theresa & Elke	
6	Venue booking, menu arrangement for tea & annual dinner	Head of Communication (CM and Camille) assisted by KM + Annie	
7	Photographer	? Amy	
8	Attendance certificate preparation	Ken (Kit Man)	
9	Gifts (cheque) for speakers $2000 for each speaker	Kam Ping & Miranda	
10	AGM Election Chairlady	Sarita	
11	**Computer x 2**	**Kit Man**	

From Thrombolysis to Thrombectomy: Advances in Ischaemic Stroke Care

- Prevalence of ischaemic and haemorrhage stroke in HK
- Pathophysiology of ischaemic stroke and risk factors.
- Current evidence-based acute management: IV thrombolysis, mechanical thrombectomy.
- Time-critical decision-making ("time is brain").
- Secondary prevention strategies: antiplatelets, anticoagulation, lipid and blood pressure management.
- Emerging therapies and clinical trials.
- Case studies highlighting multidisciplinary collaboration.

"Surgical Frontiers in Haemorrhagic Stroke: Saving Lives in the Golden Hour"

- Types of haemorrhagic stroke: intracerebral, subarachnoid, intraventricular.
- Indications for surgical intervention: craniotomy, minimally invasive techniques, endovascular approaches.
- Advances in neurocritical care and intraoperative monitoring.
- Post-operative challenges: rebleeding, vasospasm, hydrocephalus.
- Long-term outcomes and rehabilitation considerations.
- Case illustrations of surgical decision-making.

"Navigating the Acute Stroke Journey: The Nurse's Role in Coordinated Care"

- Nurse-led triage and rapid response in emergency settings.
- Monitoring neurological status and recognizing deterioration.
- Coordinating multidisciplinary care pathways (ED, ICU, neurology, rehab).
- Patient and family education during acute hospitalization.
- Psychosocial support and discharge planning.
- Quality improvement initiatives and stroke unit best practices.
- Highlighting nurse leadership in stroke care innovation.

1pm set up

14:00 – 14:25	Registration	
14:25 – 14:30 (5 mins)	Welcome Speech	Ms. Loo Kit Man, President
14:30 – 15:10 (40 mins)	Keynote Speech (1) Ischaemic stroke management (from diagnosis to management)	Med Dr
15:10 – 15:50(40 mins)	Keynote Speech (2) Haemorrhagic stroke management	Surgical Dr
15:50 – 16:35 (45 mins)	Light refreshment & booth viewing	
16:35 – 17:15 (40 mins)	Keynote Speech (3) Stroke NC role, rehabilitation	Stroke NC
17:15 - 17:25 (10 mins)	Closing Remark	Ms Chan Cheuk Man & Ms Camille Hui Chairperson of AGM Organizing Committee
17:25- 18:15+ (50 mins)	AGM (members & guests only)	
	The 16th Annual General Meeting (members only) ▪ President Annual Report ▪ Financial Report	 Ms Loo Kit Man, President Ms Lam Yuen Hung, Treasurer
	The 16th Council Member Election	Ms Sarita Chan , Chairperson of Election Committee 2026
19:00	Annual Dinner (members & guests only)	

Confirm charges

Logo only without booth $12000

- ✳ AstraZenaca (cheque 7 July)
- ✳ Abbott

booth + logo$16000

- ✳ Sanofi (T/I on 19 Jun 25)
- ✳ Ascentia (cheque 7 July)
- ✳ Roche (cheque 10 Jun 25)
- ✳ GSK (deposited to bank on 11 July 25)
- ✳ NOVARTIS
- ✳ DKSH (banked in 17 July 25)
- ✳ Eli Lilly (cheque 1 Aug 25)
- ✳ 永義 (cheque 11Jun 25)
- ✳ BI (cheque 7 July 25)
- ✳ Novo Cheque 27 Jun 26

Ask drug company to send cheque to treasurers

Anticipate expenditure
LED screen = $6000
Tea $134 x 510 =$66300
$6800 x 7x 10% = $52360
Expected total = $124660

AGM
? Take non members

AGM dinner
$150 per head

#14 AOB

- Next meeting date